DYSART UNIFIED SCHOOL DISTRICT
GIRL’S AND BOY’S MIDDLE LEVEL BASKETBALL RULES
2020-2021

The Dysart Middle Level Athletic Conference will use the 2019-2020 National Federation Rule Book as the adopted publication for their basketball rules and interpretations. Exceptions are listed below:

1. **Ejection from a Game**: A student/athlete or coach, who is ejected from a game, will be suspended for the next game. If the same student/athlete or coach is ejected a second time during the same season, he/she will be suspended for the remainder of the season. If the ejection occurs during the last game of the season, the suspension will carry over to the next sports season.

2. **Each team consists of five players, one of whom is the captain**: A team must begin the game with five players, but if it has no substitutes to replace disqualified or injured players, it must continue with fewer than five players. When there is only one player participating for a team the team shall forfeit the game.

3. **The maximum number of player on a roster will not exceed fifteen (15).**

4. **Starting Lineups**: At least ten (10) minutes before the scheduled starting time, each team shall supply the official scorer with the name and number of each team member and designated the five starting players. Each team will be allowed a ten (10) minute pre-game warm-up on the court prior to the start of their game.

5. **Jewelry**: Jewelry shall not be worn. Religious and medical-alert medals are not considered jewelry. A religious medal must be taped and worn under the uniform. A medical-alert medal must be taped and may be visible.

6. **Safety Concerns**: The referee shall not permit any team member to participate if in his/her judgment, items such as a player’s fingernails or hairstyle may constitute a safety concern.

7. **Full Court/Half Court Press or Trap**: No team is allowed to use a full court press, a half court press, a full court trap or a half-court trap if a team has a lead of 20 or more points. The head coach is responsible for his/her, team and bench conduct and behavior. If a team member commits a violation of this rule:

   **PENALITY**:
   1. First violation will result in a warning by the official.
   2. Second violation will result in two free throws plus the ball for a throw in.
   3. Third violation will result in a technical foul to the head coach, two free throws plus the ball for a throw.

8. **Disqualified Player**: A disqualified player is one who is barred from further participation in the game because of having committed his/her fifth foul (personal and technical), two technical fouls or a flagrant foul.

9. **Length of Games**: Each game will consist of four quarters of eight minutes each with intermissions of one minute after the first and third quarters. Half time will not exceed five (5)
minutes in length. There will be a continuous running clock but the last two minutes of the second and fourth quarters will be played according to normal game timing procedures. Each team is permitted two full time-outs per half. Unused time-outs in the first half will NOT be carried over into the second half. As listed below, unused time-outs for the second half accumulate into any over-time period.

10. **Extra Period:** If the score is tied at the end of the fourth quarter, play shall continue without change of baskets for one or more extra periods with a one-minute intermission before each extra period. The length of each extra period shall be three minutes and last two minutes will be played according to normal games timing procedures. Each team is entitled to one additional 60-second time-out during each extra period. Unused time-outs accumulate and may be used at any time.

11. **Home Team:** The home team will be the second team listed on the schedule. The home team will wear light-colored uniforms and the visiting team, the dark-colored uniforms. The home team will be the official scorekeeper. The home team shall provide a game ball which meets the specifications. The referee shall be the sole judge of the legality of the ball and may select a ball provided by the visiting team. High school regulation size basketballs for boys and girls are to be used for game play.