



2021-2022

**High School Athletic
Parent and Athlete
Informed Consent and
Codes of Conduct
Handbook**

This booklet has been prepared to give you a better understanding of interscholastic athletics. Included are:

- Arizona Interscholastic Association rules of eligibility
- Dysart Unified School District rules
- General information enabling you to adjust to interscholastic athletics

General tips to prepare you as a student athlete:

- Be prepared to represent your parents, your school, your coaches, your community and yourself as well
- Discipline yourself so others will not have to
- It is not hard to say “please” and “thank you”
- Remember it is easy to see the faults of others and not your own
- It is easier to blame others than yourself
- Actions should do your talking on the field, not your mouth around campus

Good luck ladies and gentlemen, but remember, luck is when preparation meets opportunity.

PARENTAL SUPPORT, INVOLVEMENT AND CONDUCT

Parents of our athletes and students involved in other student activities are encouraged to become involved in our school booster club organizations. These groups are organized and run by parent boosters with the support of the school staff. Parents may contact the school administrators or the athletic director for information regarding membership or any other means the parent may wish to support the program.

The role of a booster club is to support, encourage and advance the athletic program and related activities of the Dysart Unified School District, thereby cultivating clean, wholesome school spirit, promoting good sportsmanship and developing high ideals of character.

Booster clubs shall promote projects to improve facilities and equipment necessary to provide an adequate athletic program for the school district.

Booster clubs shall not seek to influence or direct the technical activities or policies of the school administration or of the school officials who are charged with the responsibility of conducting the athletic program of the schools of the district.

Booster clubs shall do nothing which violates the rules of the Dysart Unified School District or in any way jeopardizes the membership of the school district with the Arizona Interscholastic Association.

We expect parents to join the staff in setting good examples. The school staff is charged with the responsibility for taking corrective steps when spectators create or contribute to fan behavior problems. We respectfully ask our parents to join in an overall effort to help make student sport participation a happy and healthy experience.

In most sports, spectator bleachers are provided. We expect the fans to stay in the seating areas and not interfere with the coaches' responsibility on the court or field of play.

INFORMATION FOR PARENTS AND ATHLETES

This information is presented to you as a parent or guardian because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this important component of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences which assist students in personal adjustments.

We are concerned with the educational development of our students through athletics and feel that a properly controlled, well-organized sports program can meet student needs for self-expression, social, mental and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student's personal growth.

Parents and athletes must accept a degree of risk from participation in sports. An **informed consent signature** is required of both parent and athlete before participation in practice. Informed consent meetings are to be provided to all parents and athletes.

Athletes of any age who exhibit unacceptable conduct (including but not limited to: buying, selling, possession, or use of alcohol, tobacco, drugs, or steroids; fighting, threatening, stealing, lying, possessing false identification, forgery, cheating, vandalizing, violating school rules, trouble with the law, sending inappropriate messages or pictures, any other illegal activity or unacceptable conduct) in or out of school or competition or through any on-line social network, may be suspended from interscholastic competition in accordance with the Dysart Unified School District formal suspension policy and a report may be filed with the police and/or Arizona Department of Child Safety (DCS). In addition, the following violations are considered to be extremely serious: organizing, hosting, or having gatherings where drinking or use of controlled substances takes place; selling, providing, or distributing controlled substances; using steroids, carrying a dangerous or concealed weapon; being charged with or committing a felony. Any student who commits any of these violations may be suspended immediately and may be suspended up to three seasons pending an athletic council review. If persons in possession of alcohol or controlled substances (invited or uninvited) arrive at a gathering being hosted by a student, that student is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student's high school career.

The coaches and trainers accept responsibility for instructing all athletes of the full extent of and reasons for rules and safety related to their sport. Parents must accept responsibility for reinforcing these rules. Written copies of the rules are distributed to both athletes and parents and posted where appropriate.

Parents and school staff must be willing to fully share all information regarding the athlete's health, including injuries, illnesses, and other symptoms, no matter how slight.

Athletes who are mentally, emotionally, and physically conditioned for an activity are less susceptible to injury. With this thought in mind, the athletic department has determined that the following training rules will be applied to all sports:

- A. Annual physical examinations performed by a qualified doctor are required before a student may participate in a sport. Many sport injuries occur because of inadequate screening before the season begins. This physical must be completed on or after **March 1** to be eligible the following school year.
- B. Athletes are expected to be drug free. Athletes will be informed about the dangers of mixing sports and drugs.
- C. Parents and Student Athletes must also sign the "Parent and Athlete Informed Consent and Codes of Conduct Handbook" signature form which explains the consequences when an athlete is suspended from school for possession, or being under the influence of drugs while in school or at school-sponsored events.
- D. Whenever possible, workouts will be scheduled during cooler mornings and evening hours when the weather is extremely hot. Outside practices will be cancelled if the temperature plus the relative humidity totals more than 150.
- E. Athletes will be acclimated to hot weather activity by carefully graduated practice schedules.

- F. Adequate body fluids are critical. Water intake is to be encouraged before practice. Water breaks will be provided every twenty minutes during the hot weather season. The athlete's water intake will not be limited.
- G. Parents can assist coaches in watching for signs of trouble, particularly the determined athlete in any sport who may not want to report discomfort.
- H. Athletes are not allowed to use dehydration devices.
- I. Athletes may be provided with recommendations for off-season conditioning programs, including information on nutrition.
- J. Athletes will not be required to perform beyond their current level of progress with regard to physical conditioning programs, performance techniques, or level of competition.
- K. An athlete will not be allowed to return to physical activity after a serious illness or injury without written permission of the athlete's doctor. The Athletic Trainer can override the doctor's permission to allow participation if the Athletic Trainer does not believe the athlete is ready. An athlete who is injured playing their respective sport, practice or game situation, cannot be dismissed from a team unless one or more of the following occurs:
- The athlete does not make a reasonable effort to obtain proper medical attention and rehabilitation for the injury from the Athletic Trainer.
 - The athlete does not attend practices and follow directions from the coach and Athletic Trainer.
 - The athlete's attitude becomes disruptive to the team's ability to perform in an acceptable manner. If an athlete is being sent to the training room please make sure you are with another student, or accompanied by a coach. Ice is always available in the training room.
- If an athlete goes to the doctor for an injury, they must have a note from that doctor to return to practice or to participate in a game. The return to practice note must be given to the athletic trainer. If an athlete participates without a medical clearance from the doctor or athletic trainer, they will be disqualified from practice or competition until released by the Athletic Director.
- L. Written consent is required in order for an athlete to return to an activity after a serious injury, an extended illness, dismissal from the team or any extended absence. Athletes will not be allowed to return to physical activity after a serious illness or injury without written permission from the athlete's doctor that treated the illness or injury. The athletic trainer and athletic director can override the doctor's permission to allow participation if they do not believe the athlete is ready to practice or play in a contest. Both the athletic trainer and the athletic director will determine the number of practice days the student will miss prior to returning to competition. Each student must reach a safe level of cardio fitness and show no or minimal effects from the injury, illness or absence before they will be allowed to participate in the next competition. Special concerns are head injury, heat illness, mononucleosis, and diabetes
- M. Year round conditioning is beneficial to the athlete's health, and a vital part of any sport's program for maximizing performance and minimizing injury.
- N. Each high school is allocated a position for a Certified Athletic Trainer. Certified Athletic Trainers are qualified in the care of, prevention and rehabilitation of athletic injuries and are available to the athlete for help and advice. Decisions regarding medical treatment for serious injuries are left to qualified physicians.

Only students enrolled at a member high school shall be eligible for interscholastic athletic/activity practice or competition. Students must be enrolled at the school in the student's attendance area unless granted Open Enrollment to a school not in the student's attendance area. No part of the student eligibility rules shall be set aside, nor shall any attempt be made to set aside by mutual agreement or any participating schools or their agents, for any contest whatsoever. The student eligibility rules shall not be supplemented or supplanted in any contest under the jurisdiction of the AIA.

If a parent has a complaint involving a coach, the parent must first speak with the coach to share the concern. If the parent is not satisfied, contact should be made with the Athletic Director who will arrange for a meeting with the parent and the coach

The Governing Board of the Dysart Unified School District believes that drugs and alcohol have no place in school academics and activities. We believe that keeping athletes and parents well informed encourages an environment which greatly reduces the potential for catastrophic injury.

- Parents and athletes must accept a degree of risk from participation in any sport.
- Staff members must communicate to athletes the full extent of and reasons for rules of safety related to their sport.
- Safety regulations appropriate to each unit shall be established for every activity and taught to all participants.
- Written and illustrated copies of safety rules and regulations shall be distributed to all athletes, and posted where appropriate.
- Open lines of communication (through meetings, written materials, phone calls, preseason parent meetings) must be established and maintained between staff and parents to make them aware of risks and how to reduce them.

MANDATORY PRESEASON PARENT AND ATHLETE MEETING

There will be a mandatory preseason player and parent meeting. The purpose of this informational meeting is to welcome your athlete into our new season. Parents shall be informed at a mandatory preseason meeting that the minimal health requirements for full participation are:

- Medical insurance coverage
- Acclimatization period (5 to 7 days with gradually increasing activity)
- Proper nutrition and hydration before and during the season
- Strict adherence to safety rules and regulations
- It is strongly recommended that students participate in a year round conditioning program
- The athletic programs will be conducted in keeping with the highest ideals of sportsmanship and positive citizenship.

Winning is not the primary goal of the program. Development of the athlete's physical, emotional and intellectual capabilities is the primary objectives. Our coaches believe that promoting ethics, sportsmanship, and integrity in extracurricular activities should be a part of that challenge to excel.

Players, coaches, administrators, parents and spectators will:

- Be polite to officials
- Control anger
- Be respectful to opponents and officials
- Control spectator behavior
- Structure cheers to support the team
- Involve students and parents in a comprehensive sports citizenship program

SPECTATOR CONDUCT AT ATHLETIC AND EXTRACURRICULAR EVENTS

Any person, adult or child, who behaves in an unsportsmanlike manner during an athletic or extracurricular event may be ejected from the event that person is attending, and/or denied admission to school events for up to a year. Some examples of unsportsmanlike conduct include:

- Using vulgar or obscene language.
- Possessing or being under the influence of any alcoholic beverage or illegal substance.
- Possessing a weapon; fighting or otherwise striking or threatening another person.
- Failing to obey the instructions of a security officer, referee, coach or school district employee. □
Engaging in any activity that is illegal or disruptive.

PURSUING VICTORY WITH HONOR CODE OF CONDUCT FOR SPECTATORS OF INTERSCHOLASTIC ATHLETICS

This Code of Conduct applies to spectators of interscholastic athletics and has been adopted by the Arizona Interscholastic Association and the Dysart Unified School District.

Athletic competition of interscholastic age student athletes should be fun and should also be a significant part of a sound educational program, embodying high standards of ethics and sportsmanship, while developing good character and other important life skills. Essential elements of character building are intrinsic in the concept of sportsmanship and the six core ethical values: Trustworthiness; Respect; Responsibility; Fairness; Caring; and Citizenship (the “Six Pillars of Character”). The highest potential of sports is achieved through the T.E.A.M. concept (Teaching, Enforcing, Advocating and Modeling these values) and by committing to the ideal of pursuing victory with honor. Good-faith efforts to honor the words and spirit of this Code will improve the quality of our programs.

TRUSTWORTHINESS

- ***Trustworthiness*** — Be worthy of trust in all you do.
- ***Integrity*** — Live up to the high ideals of ethics and sportsmanship and always pursue victory with honor. Do what is right even when it is unpopular or personally costly.
- ***Honesty*** — Live and compete honorably. Do not encourage any dishonest or unsportsmanlike conduct.
- ***Reliability*** — Fulfill commitments. Do what you say you will do. Be on time. When you tell your children you will attend an event, be sure to do so.
- ***Loyalty*** — Be loyal to your school and team.

RESPECT

- ***Respect*** — Treat all participants with respect at all times and demand the same of student athletes.
- ***Class*** — Live and cheer with class. Be a good sport. Be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect for all.
- ***Disrespectful Conduct*** — Do not engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport. Do not participate in any negative or demeaning cheers.
- ***Respect for Officials*** — Treat game officials with respect. Do not complain or argue about calls or decisions during or after an athletic event.
- ***Respect for Coaches*** — Treat coaches with respect at all times. Recognize that they have team goals beyond those of your child. Do not shout instructions to players from the stands. Let the coaches’ coach.
- ***Respect for Fellow Spectators*** — Display respect for all other spectators. Do not insult or fight with other fans. Wait for breaks in the action before leaving or returning to your seat.

RESPONSIBILITY

- ***Role Modeling*** — Consistently exhibit good character and conduct yourself as a positive role model for the student athletes.
- ***Self-Control*** — Exercise self-control. Do not fight or show excessive displays of anger or frustration. Have the strength to overcome the temptation to demean others.
- ***Integrity of the Game*** — Protect the integrity of the game. Do not gamble on interscholastic events.
- ***Privilege*** — Understand that attendance at interscholastic sports is a privilege, not a right, and

FAIRNESS

- **Fairness** — Treat all competitors fairly. Be open-minded. Always be willing to listen and learn. Acknowledge exceptional performance by all participants.

CARING

- **Encouragement** — Encourage your team regardless of their play. Offer positive reinforcement.
- **Concern for Others** — Demonstrate concern for others. Never berate or demean any player or promote behavior that might cause injury to others.

CITIZENSHIP

- **Knowledge of the Rules** — Maintain a thorough knowledge of all applicable game and competition rules.
- **Obedience and Compliance** — Listen to and obey the requests of the public address announcer and security personnel in attendance. Remember that all regular laws also apply to spectators at sporting events. Drunkenness, verbal assault and fighting are punishable by law.

SPECTATOR BEHAVIOR AND SPORTSMANSHIP FOR HIGH SCHOOL STUDENTS

What is expected in general:

- Students are to follow all rules that are in affect during the school day and at after-school events.
- Students are to demonstrate respect toward fellow students, opponents, players, coaches and officials.
- Students are expected to demonstrate respect and pride for the school.

What is specifically expected:

- Proper language is to be used at all times. No swearing or language that is offensive to others will be tolerated. Individual and group vulgarity is unacceptable, as are taunting, trash-talking and other verbal forms of harassment, and booing of players, coaches and officials.
- Obscene gestures are unacceptable.
- Dangerous and boisterous behavior—pushing, shoving or fighting is not acceptable.
- The throwing of objects, including toilet paper, at fellow spectators, band members, cheerleaders, officials, players, or onto the playing surface is unacceptable, and could result in injury or the team being penalized by the game official.
- Respect is the key to good sportsmanship. Opponents should be respected.
- Be humble in victory or defeat. Acknowledge good plays by both teams.
- Be concerned with anyone who is injured. Give concerned applause when an injured athlete is aided from the field.
- At halftime, watch any performance or presentation, acknowledge the work, preparation and performance of those involved, and do not in any way distract from the performance.
- After the game, do not tease or belittle the opponent in any way and be pleasant and gracious to everyone.

What the school wants most:

- A large turnout at student events.
- Exemplary sportsmanship from players and fans.
- To be proud of its teams and fans at contests.

Consequences in affect for all games:

- All regular school rules are in affect.
- Violation of rules may cause: Ejection from the game/premises; in-school suspension or suspension from school; a required parental conference before re-admittance to class; prohibition from attending future events; possible revocation of all spectators' rights to attend a sport; and/or possible cancellation of sports.

DUE PROCESS

All athletes will be presented with a written statement of the Athletic Code of Conduct and accompanying regulations and penalties at the beginning of the season. The Parental Consent Form is to be signed by the parent/guardian and the student athlete. Signatures will be verified by the coach prior to participation. A copy of the signed Consent Form will be kept on file in the athletic department office.

1. Upon receipt of information regarding a violation of the athletic code, the discipline procedures of the district, district board rules, AIA regulations or a violation of the law and the school official will discuss the matter with the athlete within two school days.
2. The coach will gather additional information as necessary to make a determination about whether or not a violation has occurred.
3. If the coach determines a violation has occurred, he/she will:
 - a. Notify the athletic director of the exact nature of the violation.
 - b. Notify the athlete of the determination of the violation.
 - c. Notify the parent/guardian of the athlete, giving the exact nature of the violation and the length and conditions of the disciplinary action before it takes effect.
4. If the athlete and/or his/her parents feel that:
 - a. The athlete was not afforded due process or;
 - b. The consequences are not consistent with the discipline procedures of the district or the athletic code; they can appeal in writing within five days to the high school athletic director. The high school athletic director will refer the matter to the Athletic Council for disposition. At the conclusion of the meeting of the Athletic Council, the athletic director must write a summary of the meeting and the resolution. A copy of the summary and resolution shall be given to the coach and parent within two workdays of the meeting. The athletic director will also forward a copy to the principal and the district athletic director.
5. The Athletic Council is composed of the head coach from each sport within the school population. The high school athletic director will preside over the Athletic Council. The Athletic Council will:
 - a. Administer the rules and regulations of the Dysart Unified School District.
 - b. Vote on all athletic department procedures and other matters involving athletic department functions. Each individual on the athletic council will be entitled to one vote. Proxy votes will be respected.
 - c. The high school athletic director will vote only in case of a tie.
6. The parent may appeal the athletic director's decision to the site principal. The principal will then convene a meeting of the parent, coach and athletic director within five days of the parental appeal. The principal will make the final determination on athletic eligibility.

DISCIPLINARY ACTION

Rules of Conduct – Athletic Discipline Matrix: Any athlete who is in violation of the following rules shall be subject to disciplinary action in accordance with Dysart Unified School District's Athletic Code and may be subject to athlete consequences which may involve loss of ability to participate on school teams. Any violation of the Dysart Unified School District (DUSD) Student & Parent Handbook that reflects a consequence of 10-day suspension, long term suspension or expulsion will result in the student-athlete being ineligible to participate in athletics.

RULE 1 – Use or possession of illegal drugs or drug paraphernalia including anabolic steroids, as per the DUSD Student & Parent Handbook (AIA By-Laws).

FIRST VIOLATION

May result in immediate ineligibility for interscholastic competition in the current sport for the remainder of the season.

SECOND VIOLATION

Ineligible and prohibited from participating in any AIA sport program for a period of one calendar year from date of second violation.

THIRD VIOLATION

Permanently prohibited from participation in any AIA athletic program.

RULE 2 – Use and/or being in possession of, or remaining on premises where illegal drugs, drug paraphernalia or alcohol are knowingly being used. Student may participate in a district approved diversion program to reduce suspension.

<p><u>FIRST VIOLATION</u> Athletic suspension for 10 school days effective immediately</p>	<p><u>SECOND VIOLATION</u> Athletic suspension for the duration of the season in progress</p>	<p><u>THIRD VIOLATION</u> Expulsion from all athletics for the remainder of the current school year</p>
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RULE 3 – Use and/or being in possession of tobacco or tobacco products

<p><u>FIRST VIOLATION</u> Athletic suspension for 3 school days effective immediately</p>	<p><u>SECOND VIOLATION</u> Athletic suspension for 5 school days</p>	<p><u>THIRD VIOLATION</u> Athletic suspension for 10 school days</p>
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RULE 4 – Not obeying school rules and regulations (including regular school attendance). An athlete may not have ANY truancy/unauthorized absences including single period, portion of school day, all day, etc.)

<p><u>FIRST VIOLATION</u> Conference with administrator, unable to participate in the next contest for any violation of truancy or unauthorized absences</p>	<p><u>SECOND VIOLATION</u> Unable to participate in two contests for a second violation of truancy or unauthorized absence</p>	<p><u>THIRD VIOLATION</u> Athletic suspension for current season</p>
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RULE 5 – Suspension from school

<p><u>FIRST VIOLATION</u> Athletic suspension for the period of the school suspension and unable to participate in the next contest</p>	<p><u>SECOND VIOLATION</u> Athletic suspension for up to 10 school days effective immediately and automatic probation (five day minimum). Unable to participate in the next two contests.</p>	<p><u>THIRD VIOLATION</u> Athletic suspension for a minimum of ten days and up to the remainder of the current season</p>
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RULE 6 – Any student convicted of a felony crime may not be allowed to participate in athletic competition for one full year or until the sentence is completed.

RULE 7 – On-line social network: Any student of any age who exhibit unacceptable conduct in or out of school or competition or through any on-line social network (including but not limited to: buying, selling, possessing or using alcohol, tobacco, drugs, or steroids; fighting; threatening; stealing; lying; possessing false identification; forgery; cheating; vandalizing; violating school rules; trouble with law enforcement; sending inappropriate messages or pictures; or any other illegal activity or unacceptable conduct) will be suspended from interscholastic competition in accordance with the Dysart Unified School District formal suspension policy. A police report and/or Arizona Department of Child Safety (DCS) report may be filed.

RULE 8 – Out of season sports violations: The following violations are considered to be extremely serious and are considered to be a reflection of the athlete and the school athletic program:

- Organizing, hosting or having gatherings where use of alcohol and/or controlled substances takes place;
- Selling, providing or distributing controlled substances;
- Using steroids;
- Carrying a dangerous or concealed weapon; □ Being convicted of a felony.

ATHLETIC RULES OF CONDUCT

In addition to the requirements and consequences set forth in the Dysart Unified School District Student & Parent Handbook Discipline Matrix and the Arizona Interscholastic Association (AIA) regulations, all student athletes are responsible for adhering to the training rules listed below. These rules apply on or off campus.

Student Conduct: An athlete must be a positive representative of the school at all times, must be courteous to teachers, students, fellow athletes and adults. Athletes will not be disruptive, insubordinate or disrespectful to staff, students, parents or officials.

Behavior and Attitude: An athlete may be dropped from the team at any time the coach believes his/her attitude and/or behavior is detrimental to the team. Prior to any athlete being dismissed from the team the coach shall attempt to correct the problem(s) with specific alternatives. These alternatives may include involving counselors, teachers and parents. A meeting would be convened to discuss the student's concern(s) or the specific issue(s) that was problematic. The results of the alternatives must be documented. The dismissal is subject to review and approval of the school's Principal and Athletic Director.

Theft: The theft infraction includes but is not limited to: Taking articles from any school, restaurants, hotels or locker rooms. This will include the wearing or having possession of unauthorized school equipment or uniforms.

Drinking or Tobacco: This includes being in the possession of or having consumed any intoxicating drink or tobacco product.

Drugs: This includes use, possession of drugs or paraphernalia, or the sale or the distribution of any illegal drugs including anabolic steroids.

Fighting: Whether on or off campus, includes two or more persons engaged in any violent or physically hostile behavior directed toward each other.

Travel: Students must go to and return from athletic contests or off campus practices by school-supplied or designated travel. If a student must travel to or return from a contest or practice with his/her parents, he/she must have his/her parent make this request in writing to the coach prior to the contest. A copy of this permission slip can be obtained in the athletic office. When the request is approved, the student may travel to or from a contest or practice with their parent or guardian. Once at the site of the contest or practice, the athlete is not to leave the site without permission of the coach.

Bullying/Harassment: Bullying and or harassment of students is prohibited. Bullying and harassment mean physical or psychological abuse of another student by means of verbal or physical threats, intimidation, insults or other aggressive behavior and includes abuse based upon race, ethnicity, gender, religion or disability. If a student believes that he or she has been harassed or bullied, the student should report the behavior to a teacher, counselor, and school nurse or school administrator. Students who engage in harassment or bullying will be subject to disciplinary and criminal sanctions.

Intimidation: These include a broad range of negative acts that are intended to inflict physical, sexual or psychological harm on another person. The district will neither allow nor tolerate retaliation in any form by any employee, student or others against any complaining employee, student or corroborating witness. Likewise, students who knowingly submit false reports of intimidation will face consequences.

Hazing: Hazing means forcing a student to risk or suffer physical or mental harm or degradation to join, participate or remain on a school affiliated organization. This includes any intentional or reckless act committed by an individual or group of students, against other students where both the following apply: (1) The act was in connection with an initiation into, an affiliation with or membership of a school sponsored athletic team or group; (2) the act causes, contributes to, or poses a substantial risk of physical or mental injury or degradation. There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted for or promoted to enrollment, or intending to enroll or be promoted to schools within twelve (12) calendar months. For purposes of this

policy a person as specified above shall be considered a “student” until graduation, transfer, promotion or withdrawal from the school. “Hazing” means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply:

- The act was committed in connection with an initiation into, an affiliation with or the maintenance of membership in any organization that is affiliated with an educational institution.
- The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm or personal degradation.

“Organization” means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an education institution and whose membership consists primarily of students enrolled at that educational institution.

It is no defense to a violation of this policy if the victim consented or acquiesced to hazing.

In accord with statute, violations of this policy do not include either of the following:

- Customary athletic events, contests or competitions that are sponsored by an education institution or;
- An activity or conduct that furthers the goals of a legitimate educational curriculum, a legitimate extracurricular program or a legitimate military training program.

HAZING STATE LAW A.R.S. 15-2301

DUSD Policy Section 10.28 - Hazing

There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted for or promoted to enrollment, or intending to enroll or be promoted to schools within twelve (12) calendar months. For purposes of this policy a person as specified above shall be considered a “student” until graduation, transfer, promotion or withdrawal from the school.

Definitions

“Hazing” means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply:

- The act was committed in connection with an initiation into, an affiliation with or the maintenance of membership in any organization that is affiliated with an educational institution.
- The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm or personal degradation.

“Organization” means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an education institution and whose membership consists primarily of students enrolled at that educational institution.

Directions

It is no defense to a violation of this policy if the victim consented or acquiesced to hazing. In accord with statute, violations of this policy do not include either of the following:

- Customary athletic events, contests or competitions that are sponsored by an education institution.
- Any activity or conduct that furthers the goals of a legitimate educational curriculum, a legitimate extracurricular program or a legitimate military training program.
- All students, teachers and staff shall take reasonable measures within the scope of their individual authority to prevent violations of this policy.

Reporting/Complaint Procedures

Students and others may report hazing to any professional staff member. Professional staff members must report the incident to the school administrator or next higher administrative supervisor, in writing, with such detail as may have been

provided. A failure by a staff member to timely inform the school administrator or next higher administrative supervisor of a hazing allegation or their observation of an incident of hazing may subject that staff member to disciplinary action in accord with School policies. The staff member shall preserve the confidentiality of those involved, disclosing the incident only to the appropriate school administrator or next higher administrative supervisor or as otherwise required by law. Any instance of reported or observed hazing which includes possible child abuse or violations of statutes known to the staff member shall be treated in accord with statutory requirements and be reported to a law enforcement agency.

A person who complains or reports regarding hazing may complain or report directly to the school administrator or to a professional staff member. The professional staff member receiving the report/complaint shall retrieve sufficient detail from the person to complete the form designated for such purpose. At a minimum the report/complaint shall be put in writing containing the identifying information on the complainant and such specificity of names, places and time as to permit an investigation to be carried out. When a professional staff member receives the information, the staff member will transmit a report to the school administrator or supervising administrator not later than the next school day following the day the staff member receives the report/complaint.

The report/complaint will be investigated by the school administrator or a supervising administrator. The procedures to be followed are:

- An investigation of the reported incident or activity shall be made within ten (10) days when school is in session or within fifteen (15) days during which the school offices are open for business when school is not in session. Extension of the time line may only be by necessity as determined by the Superintendent.
- The investigator shall meet with the person who reported the incident at or before the end of the time period and shall discuss the conclusions and actions to be taken as a result of the investigation. Confidentiality of records and student information shall be observed in the process of making such a report.
- The investigator shall prepare a written report of the findings and a copy of the report shall be provided to the Superintendent.

All violations of this policy shall be treated in accord with the appropriate procedures and penalties provided for in School policies related to the conduct and discipline of students, staff, and others.

ARIZONA INTERSCHOLASTIC SPORTS OPPORTUNITIES FOR STUDENTS

Fall Sports	Winter Sports	Spring Sports	Multi-Season Sports
Football	Basketball	Baseball	Cheer
Volleyball – Girls	Soccer	Softball	Manager
Cross Country	Wrestling	Tennis	Spirit line
Golf		Track	JROTC
Swim/Dive		Sand Volleyball – Girls	
Badminton		Volleyball – boys	

Team Selection

In some sports, there is a limit to the number of athletes that can be selected for the team. Coaches have developed selection procedures which have been approved by the school principal and athletic director. Each athlete who shows up for tryouts is given a fair opportunity to demonstrate his or her skills and attitude. Decisions made by the coaches are final. Each coach must provide written criteria that score each of the athletes at various skills and other criteria. Each coach will keep a copy of their rubric or written criteria on file, in case any parent/guardian/athlete asks why they did not make the team. All rubrics and written criteria must be approved by the school administration prior to their implementation with athletes. Parents can set up an appointment with a coach to review their child's form. Parents will follow the Family and Coach Agreement for setting up a meeting (See Page 35).

Practices

If you are a member of a school team, you may not practice or compete with a non-school team in the same sport during the same season. You will become ineligible if you violate the above rule.

Transportation

The Dysart Unified School District will provide transportation for all players, personnel and coaches of athletic teams in authorized school vehicles when a contest has been scheduled at an opponent's facility. The responsibility involves transporting them from the school site to the site of the contest and then returning them to the school site.

- A. Parents may not transport student athletes except in emergency situations or upon written approval by the school administration. Athletes are prohibited from driving to an out of town competition, scrimmage or practice.
- B. Student athletes will not be released after contests for transportation home to anyone other than immediate family members (parent/guardian) that is a legal driver. Written permission from the parent can release an athlete to a brother, sister, grandparent, aunt or uncle.

Sportsmanship Rule

- A. Our administrators, teachers, and athletic staff expect athletes to demonstrate good sportsmanship and citizenship at all times. Athletes not living up to this expectation may lose team membership or playing time.
- B. If you are ejected from an interscholastic contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. If this action occurs a second time, the student will be dismissed from the athletic program for the remainder of that season.

ATHLETIC AWARDS

All athletes meeting the minimum requirements will receive a Dysart District Athletic Award. Special awards will be given to all division and state championship teams. The head coach in any specific sport may give individual awards.

Type of awards:

Varsity Letter	Eight inch chenille letter/sport pin
Junior Varsity Award	To be determined/Certificate
Freshman Award	Certificate
Second Year Varsity Letter	Certificate designating the award earned and a bar for a second letter

Authority to make awards: The head coach shall recommend to the Athletic Director all athletes meeting the requirements for an award. The Athletic Director and coach will then review this recommendation. Awards will be given at the end of the season athletic meeting/banquet.

General criteria for earning an award:

- Attendance at all practices (unless excused by the coach) is mandatory.
- Athletes must abide by all training rules set by the athletic department.
- All athletes must FINISH the season in good standing.

Special situations:

- Cheer and Spirit Line athletes will receive the same awards as other athletes.
- Managers and statisticians will receive the same awards as athletes.
- Special situations (injured athletes, transfer students, an athlete who plays on a varsity team for three months, but does not earn an award, etc.) can receive a letter based upon a recommendation from the coach and approval by the Athletic Director.

Minimum criteria for awards:

- **Baseball/Softball:** Participation in an average of two innings per game by a position player or an average of two innings every two decisions by a pitcher.
- **Basketball:** Participation in a minimum average of one quarter per game.
- **Cheer:** Participation in 85% of the events, games and activities; must be active from August to March
- **Badminton/Cross Country/Swim – Dive/Golf/Tennis:** Participation in 1/2 of the varsity matches/meets or in the division/state championships.
- **Football:** Participation in 1/2 of all quarters.
- **Soccer:** Participation in 1/2 of all halves.
- **Track and Field:** Score ten points or participate in the division/state championships.
- **Volleyball:** Participation in 3/4 of the season matches.
- **Wrestling:** Score 15 points during the season

DYSART UNIFIED SCHOOL DISTRICT ACADEMIC ELIGIBILITY

Students who, upon having their work checked on a cumulative basis at the end of each two-week period, show that they are not working to capacity and have one or more failing grades will be placed on an ineligibility list:

- The first time a student is on the ineligibility list they will be placed on a pending list for a two-week period and will be allowed to practice and participate in athletic contests.
- The second time a student is placed on the ineligibility list for the same class, will be ineligible to participate in an athletic contest but will be allowed to practice.
- The third time a student is placed on the ineligibility list for the same class, will be ineligible to participate or practice for any athletic contest. When and if the student is found to be passing all classes at a future grade check will eligible to participate and practice

Athletes not meeting the grade requirement will become ineligible the following Monday and remain ineligible to participate in any athletic or activity contest for the entire two-week period. Students must be enrolled in and passing all six courses and passing all classes the first six semesters of high school and a minimum as determined by the District during the seventh and eight semesters.

STUDY TABLE/EARLY RELEASE

If a student becomes ineligible, it will be the responsibility of the student and coach to make arrangements with the classroom teacher involved to obtain additional help to aid in re-establishing eligibility. Coaches may run study tables during their season to aid student athletes to stay or regain eligibility.

- Any student athlete who falsely changes a failing grade will become ineligible immediately for the remainder of the season. If this forgery takes place during the last grading period, the ineligibility period will be extended one grading period into the next season.
- On Monday early release days any athlete needing to stay on campus must report to the required or designated area for a supervised study hall. A coach or designee will be assigned to the area; all athletes need to be in the required area by 1:20 p.m. This is a great time to get all homework or extra reading done. Please be in this area on time and ready to work or help tutor another athlete.

NCAA ELIGIBILITY

Any student with the desire to participate in athletics after high school should contact their guidance counselor regarding eligibility. Academic eligibility requirements are different at each level. More information can be found on: www.aacaa.org; www.naia.org; www.njcaa.org

College athletes have full schedules and must always remember that academic success should always be the number one priority for all student athletes. Any college bound athlete faces many challenges including, practice schedules, eligibility rules, academic success and being away from home. Keep priorities in order and remember college first and athletics second. When talking to recruiters, avoid situation that might leave you facing disciplinary action or without a degree or athletic eligibility. Learn all you can about the rules governing recruitment before contacting college coaches, players or alumni. Depending on which level of competition you are considering, your relationship with a recruiter must abide by rules established by the NCAA, NAIA and the NjCAA. Violating any of the regulations might result in your being classified and ineligible for completion and having the college itself placed on probation.

Register on line at www.eligibilitycenter.org by the second semester of your junior year. Print out the transcript release forms and sign them. Meet with your counselor to turn in the forms and go over your transcript to make sure your meet eligibility requirements.

When taking the SAT/ACT/SAT IIs, make sure to send your scores to the NCAA Eligibility Center.

Division I member institutions have to sponsor at least seven sports for men and seven for women. Each playing season has to be represented by each gender as well. Division I schools must play 100% of the minimum number of contests against Division I Opponents. Division I schools have attendance requirements for athletic events. Division I-AA teams do not need to meet minimum attendance requirements.

Division II institutions have to sponsor at least four sports for men and four for women, with two team sports for each gender and each playing season. There are contest and participation minimums for each sport as well as scheduling criteria. For sports other than football there are not scheduling requirements. There are not attendance requirements for sports. There are maximum financial aid awards for each sport that a Division II school must not exceed.

Division III institutions have to sponsor at least five sports for men and five for women, with two team sports for each gender, and each playing season represented by each gender. There are minimum contest and participation minimums for each sport. Division III athlete features student-athletes who receive no financial aid related to their athletic ability. Division III athletics encourages participation by maximizing the number and variety of athletic opportunities available to students, placing primary emphasis on regional in-season and conference competition.

Entering freshman must meet two of three entry level requirement to register with NAIA.

1. Achieve a minimum of 18 on the Enhanced ACT or 860 on the SAT.
2. Achieve a minimum over all high school grade point average of 2.0 on a 4.0 scale.
3. Graduate in the top half of your high school graduating class.

Scouts are looking for high school prospects in each of the following major categories (in no particular order):

1. Size
2. Athletic-type Players
3. Attitude
4. Intelligence
5. Intensity
6. Fundamentals and Hard Work

REQUIREMENTS FOR PARTICIPATION IN ARIZONA INTERSCHOLASTIC ASSOCIATION SPORTS

Academic/Enrollment Rule

- A. You must be enrolled and attending classes in your high school no later than the 14th day of the semester in order to establish eligibility.
- B. If you have been enrolled in school for 15 or more days during any one semester, it will count as one of the eight semesters of high school attendance during which you may have eligibility.
- C. A student must be enrolled in a minimum of five courses the first six semesters of high school and a minimum as determined by the district during the seventh and eighth semester.

Health

- A. Students must be cleared by a physician for participation in sports.
- B. Physical exams are required annually.
- C. Following illness or injury, a medical clearance may be required for return to practice or play.

Attendance

- A. Students must be in attendance at least half of that school day in order to participate in games or practices. Verified medical/dental appointments are accepted as excused absences.
- B. Excessive absences may result in poor grades and loss of playing privileges.
- C. An unexcused absence from school automatically forfeits participation that day.
- D. Students are required to be in attendance for their first scheduled class the day after a contest. Failure to do so may result in the student being suspended from participation in the next contest.

Informed Consent

You must get signed permission to participate from your parents or guardians on a form provided by the school.

Emergency Information

- A. A complete and signed emergency card is required before practice begins.
- B. The coaches carry the emergency cards with them to all games. Parents are expected to keep the coach updated on any change in emergency information.

Insurance

- A. All athletes are required to purchase school insurance or provide proof of insurance by signing the insurance information form and providing the school district with the policy number and name of the insurance company.
- B. Parents must provide insurance information to assist coaches, athletic trainers, other staff, and medical personnel to provide or arrange for any medical assistance that the athlete may need as a result of an injury.

Fees and Expenses

- A. Athletes pay a fee for participation in each sport.
- B. The fee helps to defray travel expenses for away events, AIA dues, and for supplies to support the program.
- C. In some sports, the athlete is expected to purchase athletic shoes, socks, and other basic apparel. The coaches will explain these charges before the season begins.
- D. Under state law, up to \$400 may be taken as an Arizona State Tax Credit. (Fees are included in this law.)

Equipment

- A. The coaches will check out uniforms and other necessary equipment to the athlete.
- B. The athlete is expected to take care of the uniform and to return it in good condition based on the normal wear and tear.
- C. Lost or stolen uniforms and equipment checked out to the individual athlete become his/her and a parent's financial responsibility.
- D. The athlete will be charged for any uniform that is damaged or not returned.

- a. Students will be held responsible for all athletic equipment issued to them.
- b. Abuse of equipment – each athlete will be held responsible for unusual abuse or loss of equipment. Normal wear and tear is expected.
- c. School uniforms are to be used or worn only under three strict conditions:
 - i. Practice
 - ii. Competition
 - iii. Informed by the school administration
- d. Students shall pay for items not returned at the end of the season
- e. Students shall turn in all athletic equipment issued to them at the end of the season. Students who do not complete the season are required to return all equipment immediately.

Residence

- A. Generally speaking, athletes must reside within the Dysart Unified School District in order to participate in our high school program, unless enrolled through open enrollment.
- B. Athletes establish eligibility on the first day of attendance in a high school in our district.
- C. Parents and athletes should consult with the Athletic Director for information regarding other residential-related requirements.
- D. In all cases, the AIA constitution supersedes any rules printed by the school district.

Discipline

- A. Civil offenses to include vandalism, thievery, etc. may be dealt with by the civil authorities.
- B. The school authorities will deal with school offenses, with the backing of the coaches. It must be remembered however, if you are suspended, or for any other reason not in school, you will not be allowed to participate until the school disciplinary action has been completed.
- C. If an athlete feels that he/she has been treated unfairly, they can appeal in writing within five days to the athletic council. A second appeal can be made to the Athletic Director within five days of notification of the first appeal if the first appeal is denied.

Recruitment

There shall be no recruitment of athletes. Recruitment is defined as the act of influencing a student to enroll in a school or to transfer from one school to another in order that the student may participate in interscholastic athletics. No school administrator, athletic coach or employee of a high school district shall engage in recruitment either by direct contact with a student or indirectly through parents, legal guardians, common school employees, directors of summer athletic programs or other persons who are in a position to influence the student's choice of a school. See AIA Bylaw 15.12 for more information.

Transfers

Transfers to a school with which a non-school team is affiliated or with which an instructor is affiliated. Despite compliance with the other provisions of AIA Bylaws, a student who attends, participates or was eligible to participate for a school, and then transfers to another school is subject to consequences as set by AIA Bylaws.

WHAT IS A CONCUSSION?

The American Academy of Neurology defines concussion as “a trauma-induced alteration in mental status that may or may not involve loss of consciousness.” This signifies that a person does not have to be knocked unconscious to receive a concussion. When an athlete sustains one concussion, they are more susceptible to suffer another concussion in subsequent contests. Some signs and symptoms of concussion:

1. Vacant stare or double vision
2. Delayed verbal and motor responses (slow to answer questions or follow directions)
3. Memory deficits; confusion and inability to focus attention (easily distracted)
4. Slurred or incoherent speech (making disjointed or incomprehensible statements)
5. Gross observable incoordination (stumbling, inability to walk tandem/straight lines)
6. Emotions out of proportion to circumstances (distraught, crying for no apparent reason)
7. Disorientation (walking in the wrong direction; unaware of time, date and place)
8. Any period of loss of consciousness (paralytic coma, unresponsiveness to arousal)
9. Persistent headache
10. Nausea/ may be accompanied by vomiting
11. Tinnitus (ringing in the ears)

Protocol for Suspected Head Injury

Determine the level of consciousness.

- If unconscious, **call 911, check airway, breathing, and circulation-DO NOT MOVE THEM!**
- If conscious, continue to #2

Remove the athlete from the activity

Observe athlete for movement, disorientation or confusion.

Talk to athlete to determine if they:

- Are disoriented
- Have a headache or blurred vision
- Have any memory loss
- They are sick to their stomach



If any of these symptoms are present, continue to observe the athlete for 15 minutes. Do not allow the athlete to return to practice or re-enter any contest or event.

Contact parent or guardian and inform them of the suspected head injury. Inform parents to watch their son/daughter carefully.

- The student will probably fall asleep very easily.
- The student will need to be woken up two or three times the first night to make certain they are able to communicate normally.

Inform parents to contact a doctor or transport their son/daughter to the emergency room if they are not able to wake up all the way, are having seizures, are acting unusual in any way, or if any symptoms listed above worsen.

If any of these symptoms persist for longer than 15 minutes, that athlete should not be allowed to return under any circumstances. The athlete should be observed by an adult, and seen by a physician within 24 hours.

Determining When Advanced Care is Necessary

When a head injured athlete is allowed to go home, there are certain circumstances which warrant emergency medical care. If any of the following conditions exist, do not delay—call 911 or transport them to the nearest emergency room if:

- At any time, there is a loss of consciousness.
- The athlete is incoherent, vomiting, or has blood or discharge around the ears or eyes.
- There is a loss of vision, hearing or other senses.
- A headache persists or worsens.
- One pupil becomes larger than the other.
- The athlete’s condition worsens or any time the athlete “just isn’t right.”

ATHLETIC ELIGIBILITY PROCEDURES

Before being allowed to participate in a practice or an athletic contest, each student must be cleared by the Athletic Director. When the following information is in the Athletic Director's office, the student will be issued an eligibility sheet. That sheet will then be sent to the head coach in that sport and the student will be allowed to begin practice.

PARENT PERMISSION FORM & CONSENT TO TREAT FORM

Parents must sign the permission form initialing all sports in which the student has permission to participate.

PROOF OF INSURANCE

All athletes are required to purchase student accident/health insurance or provide proof of other accident/health insurance. A parent or guardian must provide the school district with the policy number and name of the insurance company. The "Dysart District Athletic Insurance Information" form must be completed and signed.

PHYSICAL EXAMINATION

Each year all athletes must have satisfactorily passed a physical examination to participate in interscholastic competition. An M.D. or D.O. must fulfill this requirement. The physical examination for the following school year shall be given on or after March 1.

EMERGENCY CARD

Athletes must have their emergency card filled out in its entirety so that any physician can render emergency first aid. Fill out this card in ink. Please print everything except your signature.

HEALTH HISTORY

Any prior injuries or illnesses must be reported accurately on this form.

BIRTH CERTIFICATE

Have a certified birth certificate on file with the school registrar. A copy will be made and kept on file and the original will be immediately returned to your student.

PRIOR SPORT RELEASE

Every athlete must be released by the coach of the previous sport in which they participated. This involves returning all equipment checked out to them and meeting all requirements of that sport.

LEGAL RESIDENCE

Every athlete must show proof of his or her place of residence.

ACADEMIC ELIGIBILITY

Every athlete has his or her grades checked by the Athletic Director.

PAY TO PARTICIPATE

This fee must be paid in the bookstore.

MANDANTORY PARENT MEETING

At least one parent or guardian must attend this meeting with their child.

GENERAL ATHLETIC RULES

The athletes within the Dysart District occupy a position of influence and leadership within the school and the community. It is, therefore, acknowledged that certain procedures will be followed that are stricter than general school rules. Each athletic team has its own specific guidelines toward the functioning of that particular sport. However, there are circumstances that fall into general categories and it is important for you to be aware of these prior to participation in athletics.

Participation on two teams in the Dysart District during the same season is an accepted procedure with the following guidelines:

- There must be mutual consent by the head coach of each sport.
- An equitable practice schedule must be followed.
- Game conflicts must be solved before the season begins. □ Both teams must be satisfied with the situation.

Cut-off dates: All athletes must have all necessary paperwork completed and issued by the following dates:

- **Varsity** — Starting practice date...with the exception of football noted below.
- **Junior Varsity and Freshman** — one week after starting practice date...with the exception of **FOOTBALL**
□ **Varsity** — One week after school begins.
- **Junior Varsity and Freshman** — Two weeks after school begins.

Athletes are expected to practice every day unless arrangements are made in advance directly with the head coach of that sport. Athletes who miss practice may not be allowed to participate in the next contest.

- An athlete will not dress out or participate in a game or practice unless they are in attendance at least 1/2 of that day. Excused absences are considered as being in attendance.
- An unexcused absence from school automatically forfeits participation that day. The day the unexcused absence is discovered is the day of forfeiture.

Equipment checked out to an athlete must be returned or paid for prior to beginning a new season. Athletic equipment returned in good condition (allowing for normal wear and tear) will be accepted.

An athlete who quits or is removed from any level team will not be allowed to participate on another team without the complete consent of both coaches involved, along with the Athletic Director.

An athlete who is dismissed from a team will under no circumstances be allowed to begin practice for another sport until their original season of competition has been completed.

Athletes representing the Dysart District will be expected to dress and groom themselves in an exemplary manner at all times during the season of practice and competition.

Gang membership is defined as belonging to a group whose purpose is not socially, morally and ethically accepted by the school and community. Gang membership is not tolerated within the athletic program. If your choice is to belong to one of these types of "gangs," then you should not choose to be an athlete.

All athletes **MUST** ride the TEAM BUS to the scheduled event. Parents may take the student home after the game with a one-day written notice signed by the Athletic Director and coach. **THE COACH MAY DENY THE REQUEST FOR TEAM REASONS.**

TOBACCO

36-798.03. Tobacco products prohibition at schools and school-related areas; exception; violation; classification

Tobacco products are prohibited on school grounds, inside school buildings, in school parking lots or playing fields, in school buses or vehicles or at off-campus school sponsored events. For purposes of this subsection, "school" means any public, charter or private school where children attend classes in kindergarten programs or grades one through twelve.

TRESPASS

13-1502. Criminal trespass in the third degree; classification

A person commits criminal **trespass** in the third degree by knowingly entering or remaining unlawfully on any real property after a reasonable request to leave by the owner or any other person having lawful control over such property, or reasonable notice prohibiting entry.

SAMPLE ATHLETIC FORMS

Each of the following forms can be found in the athletic packets provided by each high school.

1. AIA Sportsmanship
2. Discipline Appeals Process
3. District Athletic Insurance
4. Emergency Information
5. Pay to Participate Fees
6. District Athletic Permission Form & Consent to Treat
7. Code of Conduct Handbook and Statement of Understanding Signature Form
8. Family Coach Agreement
9. Public Media and Social Network Procedures for Student-Athletes Agreement
10. Discipline Procedures Grades 7-12.



The Dysart Unified School District has approved 'Register My Athlete' as the new process for athletic clearance for the 2020-2021 school year. The 'Athletic Packet' is now online and the instructions for completing it are below.

Once the process is complete, your son or daughter will be eligible to participate in athletics at the high school. If you have any question, please call your school's Athletic Secretary or you can contact Register My Athlete directly (their contact information is at the end of the following instructions).

Instructions for Parents:

Register My Athlete allows parents to register their athletes for sports online. Here are some basic steps to follow when registering your athlete for the first time:

1. **Find Your School** by going to <http://registermyathlete.com/schools/>, selecting your state, and finding your school. Click on the school to continue to the next step.
2. **Create an account** by clicking the "Create an Account" button. After filling in the required information the system will automatically log you in and you will be required to accept the terms.
3. **Add a new athlete** by clicking the "My Athletes" tab on the left-hand side of the page or by clicking "Add Athlete" underneath the "My Athletes" tab. This only needs to be done once during your athlete's entire career at a school. The information entered here will carry over from year to year. This information includes your athlete's contact information and medical information.
4. **The athlete's profile:** After you've created your athlete account, you will be directed to their Profile page. This page is a summary of their information and involvement.
5. **Register for a Sport** by clicking to choose which sport your athlete is registering for.
6. **Your registration checklist:** This page shows the status of your athlete's registration. You will be asked to complete several steps to complete registration including agreeing to documents, and completing the physical.
7. **Physical** documentation includes a health history that should be completed by the parents and the form to be completed by a medical professional. Parents have the ability to upload these physical documents to the system or bring them into the Athletic Office. Uploaded documents will need to be verified by the admin at the school prior to being accepted as complete. (If a document upload is rejected for any reason, the parent will receive an email with the rejection reason. After the error has been corrected, parents will be able to re-upload the document for verification.)
8. **Complete registration:** Your registration is complete once all items on the checklist have been completed.
9. **After registration:** After registration is complete, you can login at any time to view the Status of your athlete and their participation on the team.

Additional Athletes: Under the same account, repeat steps 3-9 to register additional athletes.

Future Seasons & Years: Once your athlete has been added to your account, you only need to follow steps 5-8 to register them for another sport.

Register My Athlete Tech Support:

Email Support: support@registermyathlete.com

Phone Support: 435-213-1601

Phone Support Hours: Monday – Friday: 8:00am – 5:00pm (Mtn)

AIA SPORTSMANSHIP RULE

Athletic contests are sports and games participated within the confines of a rule system that assures participants equality in competition. The National Federation of Interscholastic Athletics Association designs most of these rules. They are set up by committees of coaches throughout the United States to assure safe and equitable competition.

This issue addresses those rules set up by an ethics and sportsmanship committee to assure that we not only abide by a standardized set of rules, i.e. spearing, 4 balls and three strikes, 3-point field goals, etc. but also a behavioral set of rules. Sportsmanship rules involve, but are not limited to “trash talking,” profanity, delivering a blow after the whistle, throwing at a batter’s head, etc.

Within the Dysart Unified School District, we will support following the letter of the obvious rules and, just as strongly, following the Sportsmanship and Discipline Code.

If an Arizona Interscholastic Association (AIA) contest official determines that a coach or player has acted in an unsportsmanlike manner during a period or intermission, the coach or player may be ordered to leave the contest.

A coach or player ejected from a contest for any reason shall be subject to the following without appeal:

First Ejection – Ineligible for the next contest at that level of competition and all other contests during that interim at any level. Any person ejected from a contest shall not participate the remainder of that day.

Second Ejection – Ineligible for the next two contests at that level of competition and all other contests during that interim at any level. Any person ejected from a contest shall not participate the remainder of that day.

Third Ejection – A similar infraction of Article 16, Section 16.3 Paragraph 16.3.1 of the AIA Bylaws by the same player during the same season will result in cessation of the season for the player concerned.

End-Of-Season Ejection – If a penalty is imposed at the end of the sport season and no contest remains, the penalty shall be enforced at the beginning of the subsequent season of competition in which the coach or player participates.

Signature of Athlete

Date

Signature of Parent or Guardian

Date

DISCIPLINE APPEALS PROCESS

If the athlete feels that they have been unfairly treated, regarding any disciplinary issue other than the bad sportsmanship ejection rule, he/she can appeal this decision to the school Athletic Director. The appeal must be in writing and sent to the athletic director within five days of the notification or the disciplinary issue. Only the incident will be evaluated. The school Athletic Director will review the incident within two school days and make a decision on the appeal that day. If the appeal is granted, the athlete will be immediately reinstated. If the appeal is denied, the athlete can make a second appeal to the building principal. This appeal must be in writing and presented to the principal within five days of the notification of the results of the first appeal. The decision of the principal is final.

If the incident occurs at a Friday contest, the athlete in question will remain eligible until the following Monday, when the school Athletic Director will hear the appeal. If the appeal is turned down by the Athletic Director, I understand that I can appeal that decision to the building principal.

Written consent is required in order for an athlete to return to an activity after a serious injury, an extended illness, dismissal from a team or any extended absence. Both the athletic trainer and the athletic director will determine the number of practice days the student will miss prior to returning to competition. Each student must meet a safe level of cardio fitness, and show no or minimal effects before they will be allowed to participate in the next competition.

By signing this agreement, I understand that if my behavior during athletic contests warrants my being expelled from the contest, I will not be allowed to participate in the next athletic contest. If this action occurs a second time, I will be dismissed from the athletic program for the remainder of that season.

I also understand that when the student's behavior causes a danger to self or to other, an out-of-school suspension may be immediate. During any off-campus suspension, a student is not permitted on district property or at district functions/events.

Signature of Athlete

Date

Signature of Parent or Guardian

Date

DYSART DISTRICT ATHLETIC INSURANCE INFORMATION

ATHLETE HAS SCHOOL INSURANCE (Check one):

Yes

No

I confirm that _____

Name of Athlete

of Dysart Unified School District, has school accident insurance as required for student's participation in athletics. The above named student is currently covered and will continue to be covered during the present school year, by an accident (health) insurance policy issued by:

School Insurance Company Name: _____

Signature of Parent or Guardian *Date*

ATHLETE HAS OTHER INSURANCE (Check one):

Yes

No

I confirm that _____ of Dysart Unified School District is covered by

Name of Athlete

an accident (health) insurance policy, *in lieu of (or in addition to) school insurance*, as required for student's participation in athletics. The above named student is currently covered and will continue to be covered during the present school year, by a policy issued by:

Insurance Company Name: _____

Policy Number: _____

This above mentioned insurance policy will provide adequate and equivalent protection in the event of an injury to the above named student during a school supervised practice or game.

Signature of Parent or Guardian *Date*

DYSART DISTRICT ATHLETIC EMERGENCY INFORMATION

Name: _____ Sex: F M

Athlete's Name

Mailing Address: _____

Birth Date: _____ Birth Place: _____

Father's Name: _____ Mother's Name: _____

TELEPHONE CONTACTS:

Hospitalization Insurance: _____

Father: _____ Home Phone: _____ Alternate Phone: _____

Mother: _____ Home Phone: _____ Alternate Phone: _____

Guardian: _____ Home Phone: _____ Alternate Phone: _____

In case of emergency, if the parents cannot be contacted, please provide a name and number for a close friend, or relative, who will assume responsibility. Please notify them of this arrangement.

Emergency Contact 1: _____ Phone: _____

Emergency Contact 2: _____ Phone: _____

Emergency Contact 3: _____ Phone: _____

Signature of Parent or Guardian

Date

DYSART DISTRICT ATHLETIC PERMISSION FORM

As Parent/Guardian, I _____ to, give my permission for

_____ to participate in the following sports I have initialed below.

This consent shall endure throughout the school year unless the consent has been withdrawn in writing to the school principal over parental signature.

By signing this permission form, I the parent/guardian agree to provide insurance for my child. I will also provide the school with any information that might limit my child's participation in the program.

Students who participate in the program must obey all rules and are subject to dismissal from the team, based on failure to attend practices, to maintain adequate academic standards or to meet citizenship standards.

By signing this permission form for participation, we acknowledge that we are aware that all athletic participation involves a risk of injury or even death, which cannot be totally avoided by equipment or coaching.

Fall Sports

- _____ Football
- _____ Volleyball – Girls
- _____ Cross Country
- _____ Golf
- _____ Swim/Dive
- _____ Badminton

Winter Sports

- _____ Basketball
- _____ Soccer
- _____ Wrestling

Spring Sports

- _____ Baseball
- _____ Softball
- _____ Tennis
- _____ Track
- _____ Sand Volleyball – Girls
- _____ Volleyball – Boys

Multi-Season Activities

- _____ Cheer
- _____ Manager
- _____ Spirit line
- _____ JROTC

Parent/Guardian Signature

Date

Athlete Signature

Date

**PARENT AND ATHLETE INFORMED CONSENT AND CODES OF CONDUCT HANDBOOK
SIGNATURE FORM AND STATEMENT OF UNDERSTANDING**

This form must be signed by both the student-athlete and his/her parent/guardian and returned to the Athletic Director prior to participation in practice or games.

The Governing Board of the Dysart Unified School District believes that drugs and alcohol have no place in school academics and activities. Students who are in possession or under the influence of illegal drugs are suspended ten (10) school days for the first offense and maybe long term suspended (by Board action) for the second offense. Students who sell or in any way provide drugs or alcohol may be long term suspended on the first offense.

In addition to the suspension or expulsion referenced above, student's participation in any Arizona Interscholastic Association activity or school-sponsored club or organization may be removed from any form of participation in those activities for eighteen (18) school weeks. The period of ineligibility commences with the first day of the suspension regardless of whether or not the student is actively participation in activities at the time.

This period of ineligibility will extend from one school year to the next if the offense occurs within eighteen (18) school weeks of the end of a school year.

I have read, understand and will abide by all rules set forth in the Parent and Athlete Informed Consent and Codes of Conduct Handbook.

I will allow my name, picture and statistics to be printed in programs, news media articles, videos and college information packets.

All equipment checked out to me will be returned or I will reimburse the athletic department for missing or damaged equipment.

(Parent/Guardian Signature)

(Date)

(Athlete's Signature)

(Date)

Family and Coach Agreement

After a game or event, a parent will wait 24-48 hours before contacting the coach to set up a meeting.

Coach to Student/Parent

The coach will discuss expectations of student and parent; provide team and parents with access to rules of the sport and provide contact information including school e-mail and school phone number.

Coach will be available for students to discuss any issues; talk to the student and parent with any concerns; take unresolved concerns to school administration.

I have read and agree to all expectation above.

Coach Name

Coach Signature

Date

Student/Parent to Coach

Student/Parent will: be supportive of coach, team and school; work with coach to resolve issues.

If concerns arise, Parent/Student will: talk to the coach with concerns first; meet with coach and Athletic Director if needed.

I have read and agree to all expectation above.

Parent Name

Parent Signature

Date

Student Name

Student Signature

Date

Public Media and Social Network Procedures for Student-Athletes

Public Media: Public media refers to technologies used to communicate messages and whose mission is to serve or engage a public. Public media domains include print outlets, traditional broadcasts, and digital platforms. When utilizing any public media outlets, student-athletes are expected to conduct themselves responsibly as members of their respective team, the Athletics Department, Dysart Unified School District and the community.

Social Networks: Social network sites such as Facebook, Twitter, and other digital platforms and distribution mechanisms facilitate student communicating with other students. Participation in such networks has both positive appeal and potentially negative consequences. It is important the Dysart Unified School District student-athlete be aware of these consequences and exercise appropriate caution if they choose to participate.

Student-athletes are not restricted from using any on-line social network sites and digital platforms. However, users must understand that any content they make public via on-line social networks or digital platforms is expected to follow acceptable social behaviors and also to comply with federal government, state of Arizona, Dysart Unified School District, Arizona Interscholastic Association (AIA) and National Collegiate Athletic Association (NCAA) rules and regulations.

Facebook and similar directories are hosted outside of the Dysart Unified School District server. Violations of district policy (e.g. harassing language, drug or alcohol policy violations, copyright infringement, etc.) or evidence of such violations in the content of on-line social networks or digital platforms are subject to investigation and sanction under the *Student Code of Conduct* and other District policies. They are also subject to the authority of law enforcement agencies.

Guidelines for Student-Athletes

The District guidelines are intended to provide framework for student-athletes to conduct themselves safely and responsibly in an on-line environment. As a student-athlete in the Dysart Unified School District you should:

1. Be careful with how much and what kind of identifying information you post on social networking sites. Virtually anyone with an email address can access your personal page. It is unwise to make available information such a date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy setting for information contained in its pages; use these settings to protect private information. However, once posted, the information becomes property of the website.
2. Be aware that potential current and future employers often access information you place on on-line social networking sites. You should think about any information you post on Facebook or similar directories potentially providing an image of you to a prospective employer. The information is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.
3. Be careful in responding to unsolicited e-mails asking for passwords or PIN numbers. Reputable businesses do not ask for this information in e-mails.
4. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions.

Prohibited Conduct: Student-athletes are highly visible representatives of the District and are expected to uphold the values and responsibilities of the District while meeting all requirements set forth by the AIA and the Dysart Unified School District interscholastic athletics program. The District and High School department of Athletics prohibits malicious and reckless behavior when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletic program and institution.

Public Media and Social Network Procedures for Student-Athletes – Continued

Sanctions: Any inappropriate activity or language in violation of the above prohibitions, including first time offenses, is subject to investigation and possible discipline by the District and/or the Athletics Department, as well as civil authorities. Sanctions imposed by the Director of Athletics may include, but are not limited to, the following:

- Written notification from the Director of Athletics or assignee to the student-athlete outlining the policy and requiring that the unacceptable content be removed or the social network profile deactivated.
- Temporary suspension from the team until prescribed conditions is met.
- Suspension from the team for a prescribed period.
- Indefinite suspension from the team.

Dismissal from the team: Athletes of any age who exhibit unacceptable conduct in or out of school or competition or through any online social network (including but not limited to: harassing language; tobacco, drug, alcohol or steroid policy violations; fighting; threatening; stealing; lying; possessing false identification, forgery, cheating, vandalizing, violating school rules, trouble with the law, sending inappropriate messages or pictures; or any other illegal activity or unacceptable conduct) may be suspended from interscholastic competition in accordance with the Dysart Unified School District formal suspension policy and the police and the Department of Child Safety may be contacted. In addition, the following violations are considered to be extremely serious: organizing, hosting, or having gatherings where drinking or use of controlled substances takes place; selling, providing, or distributing controlled substances; using steroids, carrying a dangerous or concealed weapon; being charged with or committing a felony. Any student who commits any of these violations will be suspended immediately and may be suspended up to three seasons pending an athletic council review. If persons in possession of alcohol or controlled substances (invited or uninvited) arrive at a gathering being hosted by a student, that student is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student’s high school career.

Arizona Revised Statutes References - (A.R.S.)

Abuse, Verbal Abuse A.R.S. § 15-507	Expel A.R.S. § 15-841 A.R.S. § 15-841-15-844	Tobacco A.R.S. § 36-798 A.R.S. § 15-341 A.R.S. § 13-3622
Bullying A.R.S. § 13-3620 A.R.S. § 15-341	Hazing A.R.S. § 15-2301	Trespass A.R.S. § 15-841
Computer Tampering A.R.S. § 13-2316	Loitering A.R.S. § 13-2905	Truancy A.R.S. § 15-802
Disorderly Conduct A.R.S. § 13-2904 A.R.S. § 13-2911	School Day A.R.S. §15-341, 15-901 ADOT R17-9-104	Vandalism A.R.S. § 15-842
Disruption A.R.S. § 13-2911	Suspension A.R.S. § 15-843 A.R.S. § 15-841-15-844	Weapons A.R.S. § 13-3102(11) A.R.S. § 15-341 A.R.S. § 15-841

Agreement

I understand and agree that I am required to know, understand and follow the standards contained in the DUSD of Athletic Public Media and Social Network Policy for Student-Athletes.

Please print name

Student Signature

Please print name

Parent/Guardian Signature

Sport(s)

Date

DISCIPLINE PROCEDURES – GRADES 7-12

Students will be referred to the principal/designee for violations outlined in the Dysart Unified School District Student & Parent Handbook Discipline Matrix if student actions are in violation of school/District guidelines.

Technology Misuse is the failure to use hardware, software, electronic devices, web pages and networks for the intended educational use or in a manner that causes disruption at a campus or any District facility, including proxy use.

Term	Minimum	Repeat	Maximum
<p>*Technology Misuse/Computer Tampering</p> <p>The failure to use hardware, software, electronic devices, web pages and networks for the intended educational use or in a manner that causes disruption at a campus or any District facility, including proxy use. Computer Tampering includes, altering, damaging, deleting or destroying a computer, computer hardware or software; introducing a computer contaminant into any computer, or network; causing the disruption of a computer or network. See Electronic Information Systems (EIS) User Agreement.</p>	<ul style="list-style-type: none"> ▪ Loss of Technology Use Privileges ▪ 3 Day SUS ▪ Restitution 	<ul style="list-style-type: none"> ▪ 5 Day SUS ▪ Loss of Technology Use Privileges ▪ Restitution 	<ul style="list-style-type: none"> ▪ 10 Day SUS ▪ Long-Term SUS ▪ Loss of Technology Use Privileges ▪ Restitution

Agreement

I understand and agree that I am required to know, understand and follow the standards contained in the Dysart Unified School District Department of Athletics Public Media and Social Network Policy for Student-Athletes.

Signature

Printed Student Name

Sport(s)

Date



CONSENT TO TREAT FORM

Parental consent for minor athletes is generally required for sports medicine services, defined as services including, but not limited to, evaluation, diagnosis, first aid and emergency care, stabilization, treatment, rehabilitation and referral of injuries and illnesses, along with decisions on return to play after injury or illness. Occasionally, those minor athletes require sports medicine services before, during and after their participation in sport-related activities, and under circumstances in which a parent or legal guardian is not immediately available to provide consent pertaining to the specific condition affecting the athlete. In such instances it may be imperative to the health and safety of those athletes that sports medicine services necessary to prevent harm be provided immediately, and not be withheld or delayed because of problems obtaining consent of a parent/guardian.

Accordingly, as a member of the Arizona Interscholastic Association (AIA), _____ (name of school or district) requires as a pre-condition of participation in interscholastic activities, that a parent/guardian provide written consent to the rendering of necessary sports medicine services to their minor athlete by a qualified medical provider (QMP) employed or otherwise designated by the school/district/AIA, to the extent the QMP deems necessary to prevent harm to the student/athlete. It is understood that a QMP may be an athletic trainer, physician, physician assistant or nurse practitioner licensed by the state of Arizona (or the state in which the student/athlete is located at the time the injury/illness occurs), and who is acting in accordance with the scope of practice under their designated state license and any other requirement imposed by Arizona law. In emergency situations, the QMP may also be a certified paramedic or emergency medical technician, but only for the purpose of providing emergency care and transport as designated by state regulation and standing protocols, and not for the purpose of making decisions about return to play.

PLEASE PRINT LEGIBLY

"I, _____, the undersigned, am the parent/legal guardian of, _____, a minor and student/athlete at _____ who intends to participate in interscholastic sports and/or activities.

I understand that the school/district/AIA employs or designates QMP's (as defined above) to provide sports medicine services (as also defined above) to the school's interscholastic athletes before, during or after sport-related activities, and that on certain occasions there are sport-related activities conducted away from the school/district facilities during which other QMP's are responsible for providing such sports medicine services. I hereby give consent to any such QMP to provide any such sports medicine services to the above-named minor. The QMP may make decisions on return to play in accordance with the defined scope of practice under the designated state license, except as otherwise limited by Arizona law. I also understand that documentation pertaining to any sports medicine services provided to the above-named minor, may be maintained by the QMP. I hereby authorize the QMP who provides such services to the above-named minor to disclose such information about the athlete's injury/illness, assessment, condition, treatment, rehabilitation and return to play status to those who, in the professional judgment of the QMP, are required to have such information in order to assure optimum treatment for and recovery from the injury/illness, and to protect the health and safety of the minor. I understand such disclosures may be made to above-named minor's coaches, athletic director, school nurse, any classroom teacher required to provide academic accommodation to assure the student/athlete's recovery and safe return to activity, and any treating QMP.

If the parent believes that the minor is in need of further treatment or rehabilitation services for the injury/illness, the minor may be treated by the physician or provider of his/her choice. I understand, however, that all decisions regarding same day return to activity following injury/illness shall be made by the QMP employed/designated by the school/district/AIA.

Date: _____ Signature _____