Elemiddle Athletic Program

Parent and Athlete Informed Consent and Codes of Conduct Handbook

Ashton Ranch Elementary
Canyon Ridge School
Cimarron Springs Elementary
Countryside Elementary
Dysart Elementary
El Mirage Elementary
Kingswood Elementary
Luke Elementary
Marley Park Elementary
Mountain View School

Parkview Elementary
Rancho Gabriela Elementary
Riverview School
Sonoran Heights Elementary
Sunset Hills Elementary
Surprise Elementary
Thompson Ranch Elementary
West Point Elementary
Western Peaks Elementary

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Canyon Ridge
Cimarron Springs
Countryside
Dysart
El Mirage
Kingswood
Luke
Marley Park
Mountain View
Parkview
Rancho Gabriela
Riverview
Sonoran Heights
Sunset Hills
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DISTRICT ATHLETIC DIRECTOR

Mr. Jim Braden
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Dear Athlete,

It is indeed a pleasure to take this opportunity to welcome you to athletics in the Dysart Unified School District. I hope that each one of you will be proud to be a Dysart Athlete.

The world of athletics is a great one. It is one of the few areas where a young athlete can develop into becoming a total human being, which is one of the athletic department’s primary objectives.

Dysart District coaches are an excellent group of men and women. They will teach you all the skills necessary to perform up to your capabilities. More importantly they will teach you a value system that will enable you to lead a useful and productive life after promotion.

Dysart has had a tradition of developing great teams and athletes. You can be the next athlete to be a part of that great tradition. This will be accomplished only if you listen to your teachers and coaches and develop the mental discipline necessary to be a fine athlete.

As a student leader, your role is an important one. A student athlete is a true leader within the school and community. In this regard, I ask that you maintain the highest standards of sportsmanship during all athletic contests.

An important component of your responsibility is to learn and respect the rules of the game and the decisions of the contest officials who administer them. In addition, it is important to extend courtesy and respect to opponent students, coaches and fans.

In all your responsibilities, it is important that you maintain dignity and poise. Throughout, you will be a spokesperson for educationally sound athletics when you represent your school. Your actions should remind us that sport is meant to be fun. Your display of citizenship will show the most positive things about you and your school.

I hope that the upcoming year is rewarding for you.

Jim Braden
Dysart Unified School District
Athletic Director
DYSART UNIFIED SCHOOL DISTRICT PHILOSOPHY

We, the administration and coaching staff of the Dysart Unified School District consider interscholastic athletics a vital part of the total educational process. The Athletic Department is committed to the democratic process, which recognizes an equal opportunity for all students, regardless of sex, color, national origin, religion, or economic status. Our philosophy is to provide all students with an environment that is safe and encourages active participation in a variety of activities under different teacher/coach role models. As members of the Dysart District Athletic Staff, we strive to foster positive experiences and guide our student athletes toward realizing their full potential. Through practices, games and example, the staff works toward preparing students to succeed rather than merely to win games. Win or lose, our students should learn lessons of a lasting and positive nature. Within the sports programs, young people learn the values associated with discipline, performing under stress, citizenship, sportsmanship, confidence, leadership and organizational skills, participating within rules, physical well-being and chemical health, striving towards excellence, and many other characteristics that come quickly to the mind of any educator. If interscholastic athletics are to be justified as school activities, values such as these must be priorities of every program. Ethics, playing within the spirit of the rules and good sportsmanship (which is good citizenship) must be woven into the fabric of the athletic program.

The elements that support this philosophy are as follows:
- Interscholastic athletics are completely voluntary. We encourage every student within the district to take advantage of interscholastic athletics.
- Selection of participants will not be based solely upon athletic performance, but also upon attitude, conduct, academic achievement, cooperation and an earnest desire to respect the school district in a manner that compliments the school and community.
- Our student athletes will be provided a well organized, coordinated program that provides proper instruction, sanctioned equipment, monitored practices and groomed facilities.

Interscholastic athletics stresses the values of integrity, fairness and good discipline.

DYSART UNIFIED SCHOOL DISTRICT MISSION STATEMENT

ESTABLISH A TRADITION OF EXCELLENCE THROUGH ACADEMICS, TEAMWORK, DEDICATION, PRIDE AND RESPECT

This booklet has been prepared to give you a better understanding of interscholastic athletics. The following information is included in this booklet:
- Dysart Unified School District rules.
- General information enabling you to adjust to interscholastic athletics.
- General tips to prepare you as a student athlete.
- How to be prepared to represent your parents, your school, your coaches, your community and yourself.
- To help you to understand and follow all directions given to you by your coach. Remember, they have all been there before.
- Discipline yourself so others will not have to.
- It is not hard to say “please” and “thank you”.
- Remember it is easy to see the faults of others and not your own.
- It is easier to blame others than yourself.
- Actions should do your talking on the field, not your mouth around campus.

Good luck ladies and gentlemen, but remember, luck is when preparation meets opportunity.
PRACTICE, GAME AND TOURNAMENT DATES*

SEASON ONE - Girl's Softball and Boy's Baseball

August 8, 2016  Practice can officially start
August 15, 2016  First games
September 19, 2016  Tournament begins
September 26, 2016  End of season

SEASON TWO - Girl's and Boy's Soccer

October 4, 2016  Practice can officially start
October 12, 2016  First games
December 13, 2016  Tournament begins
December 19, 2016  End of season

SEASON THREE - Girl's and Boy's Basketball

January 11, 2017  Practice can officially start
January 23, 2017  First games
March 1, 2017  Tournament begins
March 8, 2017  End of season

SEASON Four - Girl's Volleyball, Flag Football and Cheer

March 29, 2017  Practice can officially start
April 3, 2017  First games
May 8, 2017  Tournament begins
May 15, 2017  End of season

*Dates subject to change. Please check with your school administration prior to the start of each athletic season.
REQUIREMENTS FOR PARTICIPATION IN
DYSART UNIFIED SCHOOL DISTRICT
ELEMIDDLE ATHLETICS

ATHLETIC ELIGIBILITY PROCEDURES

Before being allowed to participate in practice or athletic contests every athlete must be cleared. When the following information is on file in the front office, you will be eligible to participate in athletics.

• PARENT PERMISSION FORM
Parents must sign the permission form initializing all sports in which the student may participate.

• PROOF OF INSURANCE
All athletes are required to purchase student accident/health insurance or provide proof of other accident/health insurance. A parent or guardian must provide the school district with the policy number and name of the insurance company. The “Dysart District Athletic Insurance Information” form must be completed and signed.

• EMERGENCY CARD
Athletes must have their emergency card filled out in its entirety so that any physician can render emergency first aid. Fill out this card in ink and please print everything except your signature.

• SPORTSMANSHIP
By signing this agreement the athlete understands that if their behavior during an athletic contest warrants expulsion from the contest, that athlete will not be allowed to participate in the next athletic contest. If this action occurs a second time, the athlete will be dismissed from the athletic program for the remainder of that season.

• STUDENT ATHLETIC HANDBOOK/CODES OF CONDUCT HANDBOOK
This form must be signed by both the student athlete and his or her parent or guardian and returned to the school office prior to participation in practices or games.

• PRIOR SPORTS RELEASE
The coach of the previous sport in which the student athlete participated must release every athlete. This involves returning all equipment and uniforms checked out to them and meeting all requirements of that sport.

• ACADEMIC ELIGIBILITY
Every athlete has his or her grades checked by the school every two weeks.

• PAY TO PARTICIPATE FEE
This fee must be paid to the front office before any athlete receives school equipment/uniforms or is allowed to participate in any athletic contests. This fee is not to be collected until final cuts have been made. Once paid, this fee is non-refundable.

• MANDATORY PARENT MEETING
At least one parent or legal guardian must attend this meeting with their child.

TEAM SELECTION

In some sports, there is a limit to the number of athletes that can be selected for the team. Our coaches have developed selection procedures which have been approved by the school administration. Each athlete who shows up for tryouts is given a fair opportunity to demonstrate his or her skills and attitude. Decisions made by the coaches are final. Each coach must provide written criteria that score each of the athletes at various skills and other criteria. Each coach will keep a copy of their rubric or written criteria on file, in case any parent/guardian/athlete asks why they did not make the team. All rubrics and written criteria must be approved by the school administration prior to their implementation with athletes. Parents can set up an appointment with a coach to review their child’s form. Parents will follow the Family and Coach Agreement for setting up a meeting (See Page 28). Only seventh and eighth grade students will be eligible for participation. Sixth graders can be added to the team roster to fill out a team roster and only to fill out the team minimum for that sport as listed in the Coaches Handbook. No 7th or 8th grade student shall be cut to make room for a 6th grade student.
EQUIPMENT AND UNIFORMS

1. Students will be held responsible for all athletic equipment issued to them.
2. Abuse of equipment -- each athlete will be held responsible for unusual abuse or loss of equipment. Normal wear and tear is expected.
3. School uniforms are to be used or worn only under three strict conditions:
   - Practice
   - Competition
   - Informed by the school administration
4. Students shall pay for items not returned at the end of the season.
5. Students shall turn in all athletic equipment issued to them at the end of the season. Students who do not complete the season are required to return all equipment immediately.

INFORMATION/INSTRUCTIONS FOR ATHLETES AND PARENTS

We believe that keeping athletes and parents well informed encourages an environment which greatly reduces the potential for catastrophic injury.

- Parents and athletes must accept a degree of risk from participation in any sport.
- Staff members must communicate to athletes the full extent of and reasons for rules of safety related to their sport.
- Safety regulations appropriate to each unit shall be established for every activity and taught to all participants.
- Written and illustrated copies of safety rules and regulations shall be distributed to all athletes. Open lines of communication (through meetings, written materials, phone calls, parent meetings) must be established and maintained between staff and parents to make them aware of risks and how to reduce them. This information is presented to you as a parent or guardian because your son or daughter has indicated a desire to participate in interscholastic athletics and you have expressed your willingness to permit him/her to compete. Your family interest in this important component of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences which assist students in personal adjustments.

We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports program can meet student needs for self-expression, social, mental and physical growth. It is our intent to conduct a program that is educationally sound in purpose and will enhance each student’s personal growth.

A student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-denial. These are the reasons we place such stress on good training habits. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in school athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving to excellence and do not want our students to compromise with mediocrity.

Likewise, we feel that you have committed yourselves to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with the following procedure that is necessary for a well-organized program of athletics.

1. Parents and athletes must accept a degree of risk from participation in sports. An informed consent signature is required of both a parent and athlete before participation in practice. Informed consent meetings are to be provided to all parents and athletes.
2. The coaches accept responsibility for instructing all athletes of the full extent of and reasons for rules and safety related to their sport. Parents must accept responsibility for reinforcing these rules. Written copies of the rules are distributed to both athletes and parents and posted where appropriate.
3. Athletes who are mentally, emotionally, and physically conditioned for an activity are less susceptible to injury. With this thought in mind, the following training rules will be applied to all sports:
   - Parents and Student Athletes must also be aware of the consequences when an athlete is suspended from
school for possession, or being under the influence of drugs while in school or at school-sponsored events.

- Athletes will be acclimated to hot weather activity by carefully graduated practice schedules.
- Adequate body fluids are critical. Water intake is to be encouraged before practice. Fluid loss and intake during practice is to be monitored.
- Water breaks will be provided every twenty minutes during the hot weather season. The athlete’s water in take will not be limited.
- Parents can assist coaches in watching for signs of trouble, particularly the determined athlete in any sport who may not want to report discomfort.
- An athlete will not be allowed to return to physical activity after serious illness or injury without written permission of the athlete’s doctor. An athlete who is injured playing their respective sport, practice or game situation, cannot be dismissed from a team unless one or more of the following occur:

  a. The athlete does not make a reasonable effort to obtain proper medical attention and rehabilitation for the injury.
  b. The athlete does not attend practice or follow directions from the coach or the athlete’s doctor.
  c. The athlete’s attitude becomes disruptive to the team’s ability to perform in an acceptable manner.

- Year round conditioning is beneficial to the athlete’s health, and a vital part of any sports program for maximizing performance and minimizing injury.
- Decisions regarding medical treatment for serious injuries are left to qualified physicians.

4. If a parent has a complaint involving a coach, the parent must first speak with the coach to share the concern. If the parent is not satisfied, contact should be made with the principal who will arrange for a meeting with the parent and the coach. Before this meeting occurs, the parent must provide a written statement of complaint to the principal. At the conclusion of the meeting, the principal must write a summary of the meeting and the resolution. A copy of the summary and resolution should be given to the coach and parent within two workdays of the conference. The principal’s decision is final.

5. Parents and school staff must be willing to fully share all information regarding the athlete’s health, including injuries, illnesses, and other symptoms, no matter how slight.

6. Athletes of any age who exhibit unacceptable conduct in or out of school or competition or through any on-line social network (namely buying, selling, possession, or use of alcohol, tobacco, drugs, or steroids; fighting, threatening, stealing, lying, possessing false identification, forgery, cheating, vandalizing, violating school rules, trouble with the law, any other illegal activity or unacceptable conduct) will be suspended from interscholastic competition in accordance with the formal suspension policy. In addition, the following violations are considered to be extremely serious: organizing, hosting, or having gatherings where drinking or use of controlled substances takes place; selling, providing, or distributing controlled substances; using steroids, carrying a dangerous or concealed weapon; being charged with or committing a felony. Any student who commits any of these violations will be suspended immediately and may be suspended up to four seasons pending a school administrative review. If persons in possession of alcohol or controlled substances (invited or uninvited) arrive at a gathering being hosted by a student, that student is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student’s school career.
MANDATORY PRESEASON
PLAYER AND PARENT MEETING

There will be a mandatory preseason player and parent meeting. The purpose of this informational meeting is to welcome your prospective athlete into our new season. We want your athletes to enjoy their association with other members of the team and learn all they can from our coaches. Our main concern involves safety and health for all athletes that participate in our program. Even though our staff is trained to teach our athletes the proper skills, there is a chance of injury while participating in athletics. We sincerely hope this does not happen, but we must warn each player, parent and guardian of the possibility of injury and even death.

Our goal is to produce young men and women who have the capacity to be successful citizens in our highly competitive society. We also want students to leave the Dysart Unified School District and be able to say that they were proud to have been a part of Dysart athletics.

Parents shall be informed in writing at a mandatory preseason meeting that the minimal health requirements for full participation are:

- Medical insurance coverage
- Acclimatization period (5 to 7 days with gradually increasing activity)
- Proper nutrition and hydration before and during the season
- Strict adherence to safety rules and regulations
- It is strongly recommended that students participate in a year round conditioning program
- The athletic programs will be conducted in keeping with the highest ideals of sportsmanship and positive citizenship. Winning is not the primary goal of the program. Development of the athlete’s physical, emotional and intellectual capabilities is primary objectives. Our coaches believe that promoting ethics, sportsmanship, and integrity in extracurricular activities should be a part of that challenge to excel.

Players, coaches, administrators, parents and spectators will:

- Be polite to officials
- Control anger
- Be respectful to opponents and officials
- Control spectator behavior
- Structure cheers to support the team
- Involve students and parents in a comprehensive sports citizenship program

PARENT SUPPORT AND INVOLVEMENT

Parents of our athletes and students involved in other student activities are encouraged to become involved in our school parent club organizations. These groups are organized and run by parent members with the support of the school staff. Parents may contact the School Administrators for information regarding membership or any other means the parent may wish to support the program.

We expect the parents to join the staff in setting good examples. The school staff is charged with the responsibility for taking corrective steps when spectators create or contribute to fan behavior problems. We respectfully ask our parents to join in an overall effort to help make student sport participation a happy and healthy experience. In most sports, spectator bleachers are provided. We expect the fans to stay in the seating areas and not interfere with the coaches’ responsibility on the court or field of play.
PURSUING VICTORY WITH HONOR CODES OF CONDUCT
FOR SPECTATORS OF INTERSCHOLASTIC ATHLETICS

Athletic competition of interscholastic age student athletes should be fun and should also be a significant part of a sound educational program, embodying high standards of ethics and sportsmanship, while developing good character and other important life skills. Essential elements of character building are intrinsic in the concept of sportsmanship and the six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and citizenship (the “Six Pillars of Character”). The highest potential of sports is achieved through the T.E.A.M. concept (Teaching, Enforcing, Advocating and Modeling these values) and by committing to the ideal of pursuing victory with honor. Good-faith efforts to honor the words and spirit of this Code will improve the quality of our programs.

TRUSTWORTHINESS

- **Trustworthiness**—Be worthy of trust in all you do.
- **Integrity**—Live up to the high ideals of ethics and sportsmanship and always pursue victory with honor. Do what is right even when it is unpopular or personally costly.
- **Honesty**—Live and compete honorably. Do not encourage any dishonest or unsportsmanlike conduct.
- **Reliability**—Fulfill commitments. Do what you say you will do. Be on time. When you tell your children you will attend an event, be sure to do so.
- **Loyalty**—Be loyal to your school and team

RESPECT

- **Respect**—Treat all participants with respect all the time and demand the same of student athletes.
- **Class**—Live and cheer with class. Be a good sport. Be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect for all competitors.
- **Disrespectful Conduct**—Do not engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport. Do not participate in any negative or demeaning cheers.
- **Respect for Officials**—Treat game officials with respect. Do not complain or argue about calls or decisions during or after an athletic event.
- **Respect for Coaches**—Treat coaches with respect at all times. Recognize that they have team goals beyond those of your child. Do not shout instructions to players from the stands. Let the coaches’ coach.
- **Respect for Fellow Spectators**—Display respect for all other spectators. Do not insult or fight with other fans. Wait for breaks in the action before leaving or returning to your seat.

RESPONSIBILITY

- **Role Modeling**—Consistently exhibit good character and conduct yourself as a positive role model for the student athletes.
- **Self Control**—Exercise self control. Do not fight or show excessive displays of anger or frustration. Have the strength to overcome the temptation to demean others.
- **Integrity of the Game**—Protect the integrity of the game. Do not gamble on interscholastic events.
- **Privilege**—Understand that attendance at interscholastic sports is a privilege, not a right, and that you are expected to represent yourself, your team and your community with honor.

FAIRNESS

- **Fairness**—Treat all competitors fairly. Be open-minded. Always be willing to listen and learn. Acknowledge exceptional performance by all participants.

CAREING

- **Encouragement**—Encourage your team regardless of their play. Offer positive reinforcement.
- **Concern for Others**—Demonstrate concern for others. Never berate or demean any player or promote behavior that might cause injury to others.

CITIZENSHIP

- **Knowledge of the Rules**—Maintain a thorough knowledge of all applicable game and competition rules.
- **Obedience and Compliance**—Listen to and obey the requests of the public address announcer and security personnel in attendance. Remember that all regular laws also apply to spectators at sporting events. Drunkenness, verbal assault and fighting are punishable by law.
PRESENTATION ON SPECTATOR
BEHAVIOR AND SPORTSMANSHIP FOR STUDENTS

PURPOSE OF THE PRESENTATION

- Unacceptable behavior at sporting events at all levels must be minimized.
- The superintendent, board of education, teachers, parents and many student share concern over unacceptable fan behavior.
- Programs that foster continued poor behavior may be discontinued.
- After-school programs are an extension of the regular school day with all school rules and regulations in effect.
- The school's reputation should not be placed in jeopardy because of unsportsmanlike behavior.
- Administrators are present to inform all students of the school's expectations of spectators at all after-school events.
- Everyone at school events is expected to exhibit the Six Pillars of Character — trustworthiness, respect, responsibility, fairness, caring and citizenship.

WHAT IS EXPECTED IN GENERAL

- Students in attendance at after-school events are expected to have fun without causing harm, danger or embarrassment to others or to the school.
- Students are to follow all rules that are in affect during the school day and at after-school events.
- Students are to demonstrate respect toward fellow students, opponents, players, coaches and officials.
- Students are to police their own ranks and demand proper behavior from fellow students. One’s individual behavior can affect the total group.
- Students are expected to demonstrate respect and pride for the school.

WHAT IS SPECIFICALLY EXPECTED

- During the National Anthem, students are to stand, face the flag, remain quiet, listen to the public address announcer for instructions and remain still until the end of the anthem.
- Proper language is to be used at all times. No swearing or language that is offensive to others will be tolerated. Individual and group vulgarity is unacceptable, as are taunting, trash-talking and other verbal forms of harassment, and booing of players, coaches and officials.
- Obscene gestures are unacceptable.
- Dangerous and boisterous behavior—pushing, shoving, fighting is not acceptable.
- The throwing of objects, including toilet paper, at fellow spectators, band members, cheerleaders, officials, players, or onto the playing surface is unacceptable, and could result in injury or of the team being penalized by the game official.
- Respect is the key to good sportsmanship. Opponents should be respected, as they are not enemies, but fellow teenagers who happen to attend different schools.
- Be humble in victory or defeat. It can be easy to be a good winner and difficult to show class when you lose.
- Acknowledge good plays by both teams.
- Be concerned with anyone who is injured. Give applause when an injured athlete is aided from the field.
- Work together with cheerleaders for positive chants and avoid obscene, degrading or elitist cheers.
- At halftime, watch any performance or presentation, acknowledge the work, preparation and performance of those involved, and do not in any way distract from the performance.
- After the game, do not tease or belittle the opponent in any way and be pleasant and gracious to everyone.

WHAT THE SCHOOL WANTS MOST

- A large student turnout at events.
- Exemplary sportsmanship from players and fans.
- To be proud of its teams and fans at contests.

CONSEQUENCES IN AFFECT FOR ALL GAMES

- All regular school rules are in affect. Violation of rules may cause ejection from the game, in-school suspension or suspension from school, a required parental conference before re-admittance to class, prohibition from attending future events, possible revocation of all spectators’ rights to attend a sport, and/or possible cancellation of sports.
SPECTATOR CONDUCT AT ATHLETIC AND EXTRACURRICULAR EVENTS

As a parent or fan attending a Dysart School athletic event:

I recognize:
That the goal of this event is to provide young people with the opportunity for healthy competition in the spirit of sportsmanship and camaraderie.

I recognize:
That it is my duty to project a positive and supportive attitude toward the participants, officials, school authorities and fellow fans of the event.

I recognize:
That my words and behavior have a powerful impact on those around me and that it is my duty to conduct myself in a mature and dignified fashion, thus bringing honor to myself, family, and school.

I recognize:
That for the orderly management of this event, it is my duty to adhere to both entrance and restricted area requirements.

I recognize:
That if my conduct is not conducive to a positive environment, I may be asked to leave the event.

Any person, adult or child, who behaves in an unsportsmanlike manner during an athletic event may be ejected from the event that person is attending, and/or denied admission to school events for up to year, pending a School Board hearing.

Some examples of unsportsmanlike conduct include:
- Using vulgar or obscene language.
- Possessing or being under the influence of any alcoholic beverage or illegal substance.
- Possessing a weapon; fighting or otherwise striking or threatening another person.
- Failing to obey the instructions of a security officer, referee, coach or school district employee.
- Engaging in any activity that is illegal or disruptive.

The Superintendent may seek to deny future admission to any person by delivering or mailing a notice, sent by certified mail with return receipt requested. This notice should contain:
- A description of the unsportsmanlike conduct.
- The proposed time period that admission to school events will be denied.
- Information advising that a review may be requested by the Superintendent.

SPORTSMANSHIP RULE

Our administrators, teachers, and athletic staff expect athletes to demonstrate good sportsmanship and citizenship at all times. Athletes not living up to this expectation may lose team membership or playing privileges.

If you are ejected from an interscholastic contest for unsportsmanlike conduct, you will be ineligible for your team’s next contest. If this action occurs a second time, the athlete will be dismissed from the athletic program for the remainder of that season.
BILL OF RIGHTS FOR THE ATHLETE

Participation in athletics is a privilege involving responsibilities and rights. The athlete has the responsibility to play fair, to give his or her best, to keep in training, and to conduct oneself with credit to the sport and the school. In turn, the athlete has the right to optimal protection against injury as this may be assured through good technical instruction, proper regulation and conditions of play and adequate health supervision.

DUE PROCESS

1. All athletes will be presented with a written statement of the Athletic Code of Conduct and accompanying regulations and penalties at the beginning of the season. The Elemiddle Athletic Codes of Conduct Handbook Form is to be signed by the parent/guardian and the student athlete. Signatures will be verified by the coach prior to participation. A copy of the signed Consent Form will be kept on file in the administration office.
2. Upon receipt of information regarding a violation of the athletic code, the discipline procedures of the district, or a violation of the law, the school administration will discuss the matter with the athlete and the parent or guardian within two school days.
3. The coach will gather additional information as necessary to make a determination about whether or not a violation has occurred.
4. If the coach determines a violation has occurred, he/she will:
   a. Notify the administration of the exact nature of the violation.
   b. Notify the athlete of the determination of the violation.
   c. Notify the parent/guardian of the athlete, giving the exact nature of the violation and the length and conditions of the disciplinary action before it takes effect.
5. If the athlete and/or his/her parents feel that:
   a. The athlete was not afforded due process or;
   b. The consequences are not consistent with the discipline procedures of the district or the athletic code; they can appeal in writing within five days to the school administration. At the conclusion of the appeal process the administration must write a summary of the meeting and the resolution. A copy of the summary and resolution shall be given to the coach and parent within two workdays of the meeting.
6. The principal will make the final determination on athletic eligibility.

APPEALS PROCESS FOR SETTING UP MEETINGS

<table>
<thead>
<tr>
<th>Coach to Student Family</th>
<th>Family/Student to Coach</th>
</tr>
</thead>
<tbody>
<tr>
<td>The coach will talk to team about expectations</td>
<td>The student will talk to the coach</td>
</tr>
<tr>
<td>The coach will schedule a pre-season meeting</td>
<td>The student will meet with the parent and coach</td>
</tr>
<tr>
<td>The coach will talk to the student regarding issues</td>
<td>The parent meets with coach and administration</td>
</tr>
<tr>
<td>The coach will meet with the parent and student</td>
<td>The parent will meet with the administration</td>
</tr>
<tr>
<td>The coach will meet with school administration</td>
<td>The parent will work with school about concern</td>
</tr>
<tr>
<td>The coach will discuss rules of the sport</td>
<td></td>
</tr>
<tr>
<td>The coach will be available by e-mail or phone</td>
<td></td>
</tr>
<tr>
<td>The coach will have an open door policy</td>
<td></td>
</tr>
</tbody>
</table>

After a game or event a parent will wait 24 – 48 hours before contacting the coach to set up a meeting. Five minute meeting protocol: 2 minutes for parent; 2 minutes for coach; 1 minute for resolution for Coach or administration for resolution. See Family and Coach Agreement form on Page 29.
ATHLETIC RULES OF CONDUCT 2015-2016

The athletes within the Dysart District occupy a position of influence and leadership within the school and community. It is therefore acknowledged that certain procedures will be followed that are stricter than general school rules.

Each athletic team has their own specific guidelines toward the functioning of that particular sport, however, there are circumstances that fall into general categories and it is important for you to be aware of these prior to participation in athletics.

- Only students enrolled at a member school shall be eligible for interscholastic competition.
- Athletes are expected to practice every day unless arrangements are made in advance directly with the coach of that sport. Athletes who miss practice may not be allowed to participate in the next contest.
- An athlete will not dress out or participate in a game or practice unless they are in attendance at least 1/2 of that day or bring a valid note excuses the athlete’s absence.
- An unexcused absence from school automatically forfeits participation that day. The day the unexcused absence is discovered is the day of forfeiture.
- Equipment checked out to an athlete must be returned or paid prior to beginning a new season. Athletic equipment returned in good condition (allowing for normal wear and tear) will be accepted.
- An athlete who quits or is removed from any team will not be allowed to participate on another team without the complete consent of both coaches involved along with the principal of the school.
- Athletes representing the Dysart School District will be expected to dress and groom themselves in an exemplary manner at all times during the season of practice and competition.
- “Gang membership” is defined as belonging to a group whose purpose is not socially, morally and ethically accepted by the school community. Gang membership is not tolerated within the athletic program. If your choice is to belong to one of the types of “gangs”, then you should not choose to be an athlete.

In addition to the requirements and consequences set forth in the Dysart Unified School District Discipline Procedures, all student athletes are responsible for adhering to the training rules listed below. These rules apply on or off campus.

1. **Student Conduct:** An athlete must be a positive representative of the school at all times, must be courteous to teachers, students, fellow athletes and adults. Athletes will not be disruptive, insubordinate or disrespectful to staff, students, parents or officials.

2. **Behavior and Attitude:** An athlete may be dropped from the team at any time the coach believes his/her attitude and/or behavior is detrimental to the team. Prior to any athlete being dismissed from the team the coach shall attempt to correct the problem(s) with specific alternatives. These alternatives may include involving counselors, teachers and parents. A meeting would be convened to discuss the student’s concern(s) or the specific issue(s) that was problematic. The results of the alternatives must be documented. The dismissal is subject to review and approval of the school Principal.

3. **Theft:** The theft infraction includes but is not limited to: Taking articles from any school, restaurants, hotels or locker rooms. This will include the wearing or having possession of unauthorized school equipment or uniforms.

4. **Drinking or Tobacco:** This includes being in the possession of or having consumed any intoxicating drink or tobacco product.

5. **Drugs:** This includes use, possession of drugs or paraphernalia, or the sale or the distribution of any illegal drugs.

6. **Fighting:** Whether on or off campus, includes two or more persons engaged in any violent or physically hostile behavior directed toward each other.

7. **Bullying/ Harassment:** Bullying and or harassment of students is prohibited. Bullying and harassment mean physical or psychological abuse of another student by means of verbal or physical threats, intimidation, insults or other aggressive behavior and includes abuse based upon race, ethnicity, gender, religion or disability. If a student believes that he or she has been harassed or bullied, the student should report the behavior to a teacher, counselor, and school nurse or school administrator. Students who engage in harassment or bullying will be subject to disciplinary and criminal sanctions.
8. **Intimidation:** These include a broad range of negative acts that are intended to inflict physical, sexual or psychological harm on another person. The district will neither allow nor tolerate retaliation in any from by any employee, student or others against any complaining employee, student or corroborating witness. Likewise, students who knowingly submit false reports of intimidation will face consequences.

9. **Hazing:** (See Page 16—HB 2746) Hazing means forcing a student to risk or suffer physical or mental harm or degradation to join, participate or remain on a school affiliated organization. This includes any intentional or reckless act committed by an individual or group of students, against other students where both the following apply: (1) The act was in connection with an initiation into, an affiliation with or membership of a school sponsored athletic team or group; (2) the act causes, contributes to, or poses a substantial risk of physical or mental injury or degradation. There shall be no hazing, solicitation to engage in hazing, or aiding and abetting another who is engaged in hazing of any person enrolled, accepted for or promoted to enrollment, or intending to enroll or be promoted to schools within twelve (12) calendar months. For purposes of this policy a person as specified above shall be considered a “student” until graduation, transfer, promotion or withdrawal from the school. “Hazing” means any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student and in which both of the following apply:

- The act was committed in connection with an initiation into, an affiliation with or the maintenance of membership in any organization that is affiliated with an educational institution.
- The act contributes to a substantial risk of potential physical injury, mental harm or degradation, or causes physical injury, mental harm or personal degradation.

“Organization” means an athletic team, association, order, society, corps, cooperative, club, or similar group that is affiliated with an education institution and whose membership consists primarily of students enrolled at that educational institution.

It is no defense to a violation of this policy if the victim consented or acquiesced to hazing. In accord with statute, violations of this policy do not include either of the following:

- Customary athletic events, contests or competitions that are sponsored by an education institution or;
- An activity or conduct that furthers the goals of a legitimate educational curriculum, a legitimate extracurricular program or a legitimate military training program


DISCIPLINARY ACTION

Any athlete who is in violation of the following rules shall be subject to disciplinary action in accordance with Dysart Unified School District’s Athletic Code.

RULE 1 – Use or possession of illegal drugs or drug paraphernalia (as per the Student’s Rights and Responsibility Handbook and including anabolic steroids (AIA). Any violation of the Students Rights and Responsibility Handbook that reflects a consequence of 10 days, long term or expulsion will result in the student-athlete being ineligible to participate in athletics.

**Student may participate in a district approved diversion program to reduce suspension.**

<table>
<thead>
<tr>
<th>FIRST VIOLATION</th>
<th>SECOND VIOLATION</th>
<th>THIRD VIOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immediately ineligible for interscholastic competition in the current sport for the remainder of the season.</td>
<td>Ineligible and prohibited from participating in any sport program for a period of one calendar year from date of second violation.</td>
<td>Permanently prohibited from participation in an athletic program.</td>
</tr>
</tbody>
</table>

RULE 2 – Use and/or being in possession of, or remaining on premises where illegal drugs, drug paraphernalia or alcohol are knowingly being used.

<table>
<thead>
<tr>
<th>FIRST VIOLATION</th>
<th>SECOND VIOLATION</th>
<th>THIRD VIOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suspension for 10 school days. Effective immediately</td>
<td>Suspension for the duration of the season in progress.</td>
<td>Expulsion from all athletics for the remainder of the current school year</td>
</tr>
</tbody>
</table>

RULE 3 – Use and/or being in possession of tobacco or tobacco products

<table>
<thead>
<tr>
<th>FIRST VIOLATION</th>
<th>SECOND VIOLATION</th>
<th>THIRD VIOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suspension for 3 school days effective immediately</td>
<td>Suspension for 5 school days</td>
<td>Suspension for 10 school days</td>
</tr>
</tbody>
</table>

RULE 4 – Not obeying school rules and regulations (including regular school attendance). An athlete may not have ANY truancy/Unauthorized absences including single period, portion of school day, all day, etc.)

<table>
<thead>
<tr>
<th>FIRST VIOLATION</th>
<th>SECOND VIOLATION</th>
<th>THIRD VIOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conference with administration, unable to participate in the next contest for any violation of truancy or unauthorized absences.</td>
<td>Unable to participate in two contests for a second violation of truancy or unauthorized absence</td>
<td>Suspension for current season</td>
</tr>
</tbody>
</table>

RULE 5 – Suspension from school

<table>
<thead>
<tr>
<th>FIRST VIOLATION</th>
<th>SECOND VIOLATION</th>
<th>THIRD VIOLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suspension for the period of the school suspension and after the return from the suspension, unable to participate in the next contest</td>
<td>Suspension for up to 10 school days effective immediately and automatic probation (five day minimum). Upon return form suspension, unable to participate in the next two contests.</td>
<td>Suspension for a minimum of ten days and up to the remainder of the current season</td>
</tr>
</tbody>
</table>

RULE 6 – Any student convicted of a felony crime will not be allowed to participate in athletic competition for one full year or until the sentence is completed.

RULE 7 – On-line social network: Any student of any age who exhibit unacceptable conduct in or out of school or competition or through any on-line social network (including but not limited to: Buying, selling, possessing or using alcohol, tobacco, drugs, or steroids; fighting, threatening, stealing, lying, possessing false identification, forgery, cheating, vandalizing; violating school rules; trouble with law enforcement; sending inappropriate messages or pictures; or any other illegal activity or unacceptable conduct) will be suspended from interscholastic competition in accordance with the Dysart Unified School District formal suspension policy. Police and the Children’s Protective Services may be contacted.
RULE 8 – Out-of-season sports violations
The following violations are considered to be extremely serious and are considered to be a reflection of the athlete and the school athletic program:

- Organizing, hosting or having gatherings where use of alcohol and/or controlled substances takes place;
- Selling, providing or distributing controlled substances;
- Using steroids;
- Carrying a dangerous or concealed weapon;
- Being convicted of a felony.

Any student who commits any of these violations will be suspended immediately from the current or next season of sport in which the student chooses to participate and may be suspended up to four seasons pending an athletic council review. If any person in possession of alcohol or controlled substances (invited or uninvited) arrive at a gathering being hosted by a student athlete, that student athlete is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student’s high school career. Written consent is required in order for an athlete to return to an activity after a serious injury, an extended illness, dismissal from the team or any extended absence. Both the coach and the school administration will determine the number of practice days the student will miss prior to returning to competition. Each student must reach a safe level of cardio fitness and show no or minimal effects from the injury, illness or absence before they will be allowed to participate in the next competition.
HAZING STATE LAW
HB2476 (Hazing) Chapter 230, 2001 Laws

States that every educational institution (defined as a K-12 public school, public community college, or public university) must adopt post and enforce a hazing prevention policy that includes the following:

1. Statement that hazing is prohibited;
2. Statement that soliciting engagement to haze is prohibited;
3. Statement that aiding and abetting another person to haze is prohibited;
4. Statement that consent to hazing is not a defense to a hazing violation;
5. Statement that all students, teachers and staff shall take reasonable measures to prevent hazing;
6. Description of the procedures for students, teachers and staff for reporting and filing hazing complaints;
7. Procedures to investigate hazing violation complaints;
8. Description of circumstances when a hazing violation is to be reported to law enforcement;
9. Description of appropriate penalties, sanctions, and appeal mechanisms for persons and organizations violating the hazing policy and shall include the revocation or suspension of an organization’s permission to conduct operations at the educational institution and any teacher or staff that knowingly permitted, authorized, or condoned the hazing activity shall be disciplined by the education institution.

Defines hazing as any intentional knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student, and in which both of the following apply:

1. The act was committed in connection with an initiation into, an affiliation with or maintenance in any organization that is affiliated with an educational institution;
2. The act contributes to a substantial risk of potential physical injury, mental harm or degradation or causes physical injury, mental harm or personal degradation. Student is defined as a person enrolled, been promoted or accepted to, or intends to enroll or be promoted within the next twelve months at an education institution and will continue to be defined as a student until the person graduates, transfers, is promoted or withdraws.
NO PASS, NO PLAY

It is necessary to have the extracurricular activities function within a realistic framework of control. In order that overenthusiastic students do not place a social or athletic function on a higher plane than the academic program, the following policy will be followed:

- Students who, upon having their work checked on a cumulative basis at the end of each two-week period, show that they are not working to capacity and have one or more failing grades will be removed from the athletic team. After improving their respective grades such that they are passing on a cumulative basis, they shall be reinstated to the team until a subsequent check is performed unless the student is ineligible for some reason other than academic performance.
- The eligibility criterion for extracurricular participation shall be a passing grade in all classes in which the student is enrolled, and the student shall maintain progress toward promotion.

If a student becomes ineligible, it will be the responsibility of the student and coach to make arrangements with the classroom teacher involved to obtain additional help to aid in reestablishing eligibility. Coaches will run study tables during their season to aid student athletes to stay or regain eligibility.

- Any student athlete who changes a failing grade will become ineligible immediately for the remainder of the season. If this forgery takes place during the last grading period, the ineligibility period will be extended one grading period into the next season.

Students whose behavior presents a problem or jeopardizes school discipline may be ineligible for participation in extracurricular activities until such time as their behavior warrants reinstatement.
ATHLETIC TRAINING RULES

This area of athletic competition is a physically, mentally and emotionally demanding endeavor. An athlete must take tremendous care of these three areas of their body. With this thought in mind, the coaches of all sports and the school principals have determined that the following rules will be applied to all sports:

- The use or possession of any type of drug, alcohol or tobacco is illegal. The first proven offense will carry an automatic one-week suspension and the second offense will be immediate dismissal from the team and the loss of any earned award.
- Civil offenses, to include vandalism, thievery, etc. will be dealt with by the civil authorities. However, if such acts occur on campus, punishment will be the same as in the above.
- The school authorities will deal with the school offenses, with the backing of the coaches. It must be remembered however, if you are suspended, or for any other reason not in school, you will not be allowed to participate until the school disciplinary action has been completed. If an athlete is suspended (placed in out-of-school suspension) he/she may not be allowed to participate and may be dismissed from the team.
- Each individual coach has the authority to make stricter rules governing his/her sport. However, they cannot make less stringent rules.
- If an athlete feels that he/she have been treated unfairly, they can appeal in writing within five days to the school principal.
- An athlete who becomes ineligible for the last grading period can be dismissed from the team if they are not making an effort to achieve passing grades in their classes.
- Athletes are not allowed to use dehydration devices.
- Athletes may be provided with recommendations for off season conditioning programs, including information on nutrition motivation.
- An athlete will not be required to perform beyond his or her level of progress with regard to physical conditioning, conditioning performance techniques, or level of competition.

STEROIDS AND PERFORMANCE ENHANCING SUBSTANCES

The use of performance enhancing substances at the elemiddle level is a concern in athletics. This use has serious short and long-term consequences to the health and well being of all athletes. The Dysart School District does not approve of, or condone, the use of performance enhancing substances for increased muscle development or enhanced athletic ability. This issue goes beyond protecting the integrity of athletics. This use is considered cheating. We stand opposed to the use of any performance enhancing substances by athletes and members of the student body because of health and ethical concerns. By the parent and athlete signing this handbook, we have agreed to adhere to this anti-performance enhancing substance position, as prescribed by the Dysart Unified School District.

HEAT INDEX AND WATER IN ARIZONA

The heat index and water have become two very important safety concerns for our athletes. Coaches will be closely monitoring both these essential elements in practice and competition. Parents and athletes play a major role in this process. Pre-hydration and re-hydration are crucial to safe participation in all physical activities. It is essential that parents attend pre-season meetings and talk with the coaches to ensure and monitor safe participation for the student athletes.
WHAT IS A CONCUSSION?

The American Academy of Neurology defines concussion as “a trauma-induced alteration in mental status that may or may not involve loss of consciousness.” This signifies that a person does not have to be knocked unconscious to receive a concussion. When an athlete sustains one concussion, they are more susceptible to suffer another concussion in subsequent contests.

A. Some Signs and Symptoms of Concussion

- Vacant stare
- Delayed verbal and motor responses (slow to answer questions or follow directions)
- Confusion and inability to focus attention (easily distracted)
- Slurred or incoherent speech (making disjointed or incomprehensible statements)
- Gross observable incoordination (stumbling, inability to walk tandem/straight lines)
- Emotions out of proportion to circumstances (distraught, crying for no apparent reason)
- Disorientation (walking in the wrong direction; unaware of time, date, and place)
- Memory deficits
- Any period of loss of consciousness (paralytic coma, unresponsiveness to arousal)
- Persistent headache
- Double vision
- Nausea/ may be accompanied by vomiting
- Tinnitus (ringing in the ears)

B. Protocol for Suspected Head Injury

1. Determine the level of consciousness.
   - If unconscious, call 911 and check airway, breathing, and circulation-DO NOT MOVE THEM!
   - if conscious, continue to #2
2. Remove the athlete from the activity
3. Observe athlete for movement, disorientation or confusion.
4. Talk to athlete to determine if they
   - are disoriented
   - have any memory loss
   - have a headache or blurred vision
   - they are sick to their stomach
5. If any of these symptoms are present, continue to observe the athlete for 15 minutes.
6. Do not allow the athlete to return to practice or re-enter any contest or event.
7. Contact parent or guardian and inform them of the suspected head injury.
8. Inform parents to watch their son/daughter carefully.
   - The student will probably fall asleep very easily.
   - The student will need to be woken up two or three times the first night to make certain they are able to communicate normally.
9. Inform parents to contact a doctor or transport their son/daughter to the emergency room if they are not able to wake up all the way, are having seizures, are acting unusual in any way, or if any symptoms listed above worsen.

If any of these symptoms persist for longer than 15 minutes, that athlete should not be allowed to return under any circumstances. The athlete should be observed by an adult, and seen by a physician within 24 hours.

C. Determining When Advanced Care is Necessary

When a head injured athlete is allowed to go home, there are certain circumstances which warrant emergency medical care. If any of the following conditions exist, do not delay—call 911 or transport them to the nearest emergency room if:

- At any time, there is a loss of consciousness.
- The athlete is incoherent, vomiting, or has blood or discharge around the ears or eyes.
- There is a loss of vision, hearing or other senses.
- A headache persists or worsens.
- One pupil becomes larger than the other.
- The athlete’s condition worsens or any time the athlete “just isn’t right.”
TOBACCO

36-798.03. Tobacco products prohibition at schools and school-related areas; exception; violation; classification

A. Tobacco products are prohibited on school grounds, inside school buildings, in school parking lots or playing fields, in school buses or vehicles or at off-campus school sponsored events. For purposes of this subsection, "school" means any public, charter or private school where children attend classes in kindergarten programs or grades one through twelve.

TRESPASS

13-1502. Criminal trespass in the third degree; classification

A. A person commits criminal trespass in the third degree by:

Knowingly entering or remaining unlawfully on any real property after a reasonable request to leave by the owner or any other person having lawful control over such property, or reasonable notice prohibiting entry.

DOGS ON SCHOOL GROUNDS

11-1024. Dog Guides and Service Dogs; Rights: Guarantees the legally blind, the visually impaired, the deaf and the auditorily impaired and the physically handicapped the legal right to be accompanied by a dog guide in any place to which the public is invited.

Domesticated dogs:

1. Owners shall be solely responsible for the care/safety of their dog, and for injuries sustained to the dog or to any people, due to the presence of the dog at the school.
2. Owners walking their dogs on school grounds must follow all City ordinances regarding leashing and sanitation. All dogs will have license and vaccination tags affixed to them while on school property.
3. No dogs will be allowed on school property while school is in session between the hours of 7:00 am and 4:00 pm.
4. No dogs will be allowed within the multi-purpose field complex, on any of the district’s playing fields, or within playground areas.
5. All dogs will be maintained on a leash and the owner will carry the appropriate materials to clean up waste.
6. The administration has the authority to exclude persons and their dogs from school property when it is determined that there are associated health and/or safety concerns.
ATHLETIC HANDBOOK FORMS

The following pages have copies of the forms that all student/athletes and their parent/guardian must read, sign and return to their coach.

Each student will receive a Student Athletic Handbook that will include copies of the following:

- Sportsmanship Form
- Pay to Participate Fee Form
- Permission Form
- Emergency Form
- Insurance Information Form
- Elemiddle Athletic Codes of Conduct Handbook Signature Form
- Discipline Appeals Process Form
- Family and Coach Agreement Form
- Public Media and Social Networking Procedures Agreement

The student will bring home a copy of the Student Athletic Handbook. The parent or guardian will need to read the Student Athletic Handbook and return the above forms signed by both the athlete and their parent/guardian.

Before being allowed to participate in practice or athletic contests every athlete must have the above forms on file in the school office. Once the forms have been returned, the athlete will be eligible to participate in athletics.
SPORTSMANSHIP

Athletic contests are sports and games participated within the confines of a rule system that assures participants equality in competition. The National Federation of Interscholastic Athletics Association designs most of these rules. They are set up by committees of coaches throughout the United States to assure safe and equitable competition.

This issue addresses those rules set up by an ethics and sportsmanship committee to assure that we not only abide by a standardized set of rules, i.e. spearing, 4 balls and three strikes, 3 point field goals, etc. but also a behavioral set of rules. Sportsmanship rules involve, but are not limited to “trash talking,” profanity, delivering a blow after the whistle, throwing at a batter’s head, etc.

Within the Dysart Unified School District, we will support following the letter of the obvious rules and, just as strongly, following the Sportsmanship and Discipline Code.

If a contest official determines that a coach or player has acted in an unsportsmanlike manner during a period, quarter, inning or intermission, the coach or player may be ordered to leave the contest.

A coach or player ejected from a contest for any reason shall be subject to the following without appeal:

First Ejection – Ineligible for the next contest at that level of competition. Any person ejected from a contest shall not participate the remainder of that day.

Second Ejection – A similar ejection by the same player during the same season will result in cessation of the season for the payer or coach concerned.

By signing this agreement, I understand that if my behavior during an athletic contest warrants my being expelled from the contest, I will not be allowed to participate in the next athletic contest. If this action occurs a second time, I will be dismissed from the athletic program for the remainder of that season. A Sportsmanship Rule violation cannot be appealed.

If an athlete is placed in out of school suspension he/she may be dismissed from the team for the remainder of the season. If the athlete feels that they have been unfairly treated, he/she can appeal this decision to the School Principal. The Principal will review the incident during the next school day and decide on the appeal that day. If the appeal is granted, the athlete will be immediately reinstated.

I also understand that if my school time behavior warrants out of school suspension that I may immediately be dismissed from the athletic program for the remainder of the season.

_________________________                        ________________
Signature of Athlete                          Date

_________________________
Printed Name
**ARIZONA TAX CREDIT CONTRIBUTION**

Support local schools and receive a dollar-for-dollar state tax credit

**Couples filing joint taxes may donate up to $400; Individuals up to $200**

Credits are not available to businesses or estates.

Mail Your Contributions To:  
DYSART UNIFIED SCHOOL DISTRICT  
ATTN: TAX CREDIT PROGRAM  
15802 NORTH PARKVIEW PLACE  
SURPRISE, AZ 85374

**ALL DONATIONS ARE NON-REFUNDABLE**

Apply my tax credit to the following school:

<table>
<thead>
<tr>
<th>K-8</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashton Ranch</td>
<td>□</td>
</tr>
<tr>
<td>Canyon Ridge</td>
<td>□</td>
</tr>
<tr>
<td>Cimarron Springs</td>
<td>□</td>
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<tr>
<td>Countryside</td>
<td>□</td>
</tr>
<tr>
<td>Dysart</td>
<td>□</td>
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<tr>
<td>El Mirage</td>
<td>□</td>
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<tr>
<td>Kingswood</td>
<td>□</td>
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</tbody>
</table>

□ Luke  □ Marley Park  □ Sunset Hills  □ Valley Vista  □ Surprise  □ Thompson Ranch  □ West Point  □ Shadow Ridge

□ Mountain View  □ Parkview  □ Rancho Gabriela  □ Western Peaks

□ Riverview  □ Sonoran Heights

Date ___________________ Parent (Guardian)/Contributor Name ___________________

Mailing Address ________________________________________________________________

City ___________________ Zip ___________ Phone Number ___________________

Total Amount Paid ___________ □ Cash  □ Check # ___________ □ Money Order # ___________

I want to support:

□ School May Designate (5500)  □ Athletics (5501)  □ Fine Arts (5502)  □ Enrichment Programs (5505)

**STUDENT ATHLETIC & CLUB FEES ONLY**

| Student Name ____________________________ |
| Student Name ____________________________ |

**Activity**

<table>
<thead>
<tr>
<th>K-8</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ $60/Elemiddle Sports</td>
<td>□ $100/Athletic PTP Activity</td>
</tr>
<tr>
<td>□ $180/Elemiddle Student Cap</td>
<td>□ $200/Athletic PTP Student Cap</td>
</tr>
<tr>
<td>□ $400/Elemiddle Family Cap</td>
<td>□ $400/Athletic PTP Family Cap</td>
</tr>
<tr>
<td>□ $1-$50/Extracurricular Activities Club</td>
<td>□ $25/Summer Athletic Conditioning</td>
</tr>
</tbody>
</table>

| $10/Club | |

04/2016

August 2016
DYSART DISTRICT ATHLETIC PERMISSION FORM

I, _____________________________ give my permission

(Parent/Guardian Name)

for _____________________________ to participate in the sports

(Athlete’s Name)

that I have initialed below. This consent shall endure throughout the school year unless the consent has

been withdrawn in writing to the school principal.

By signing this permission form, I the parent or guardian, agree to provide insurance for my child. I will also provide the school with any information which might limit my child’s participation in the program.

Practice will begin after school and will continue until the after school athletic practice ends and the students are on their way home.

Students who participate in the program must obey all rules and are subject to dismissal from the team, based on failure to attend practice, to maintain adequate academic standards and/or to meet citizenship standards.

By signing this permission form, we acknowledge that we are aware that all athletic participation involves a risk of injury or even death, which cannot be totally avoided by equipment or coaching.

**GIRLS**

Volleyball _____________  Flag Football
Basketball _____________  Basketball
Softball _____________  Softball
Cheer _____________  Cheer

---

(Parent/Guardian Signature)  (Date)

(Athlete’s Signature)  (Date)
DYSART DISTRICT ATHLETIC EMERGENCY INFORMATION

Name: ____________________________  Sex: □ F  □ M

Athlete’s Name

Mailing Address: ____________________________________________________________

Birth date: ___________  Birth place: __________________________________________

Father’s Name: _________________  Mother’s Name: ______________________

TELEPHONE CONTACTS:

Hospitalization Insurance: ___________________________________________________

Father: ___________  Home Phone: _________  Alternate Phone: ________________

Mother: ___________  Home Phone: _________  Alternate Phone: ________________

Guardian: ___________  Home Phone: _________  Alternate Phone: ________________

In case of emergency, if the parents cannot be contacted, please give a number of a relative of close friend who will assume responsibility. Please notify them of this arrangement.

1st Responsible Person: ____________________________  Phone: ________________

2nd Responsible Person: ____________________________  Phone: ________________

3rd Responsible Person: ____________________________  Phone: ________________

_________________________  ______________________  
Signature of Parent or Guardian  Date

*I/we understand that my/our child’s ____________________________ (condition) creates additional risks, and

I/we discussed these risks with the coach and/or school administration in a meeting on  ______________________  

Date

List all concerns below. If you need more room, write legibly on the back of this form.

*If this section does not apply to you, please write “not applicable” in the space below.

_________________________  ______________________  
Signature of Parent or Guardian  Date

DYSART DISTRICT ATHLETIC INSURANCE INFORMATION

_________________________  ______________________  
Signature of Parent or Guardian  Date
ATHLETE HAS SCHOOL INSURANCE  (Check one): ☐ Yes  ☐ No

I confirm that ___________________________ of Dysart Unified School District has school accident insurance as required for student’s participation in athletics. The above named student is currently covered and will continue to be covered during the present school year, by an accident (health) insurance policy issued by:

School Insurance Company Name: ____________________________________________

__________________________________________________________________________

Signature of Parent or Guardian ___________________________ Date ____________

ATHLETE HAS OTHER INSURANCE  (Check one): ☐ Yes  ☐ No

I confirm that ___________________________ of Dysart Unified School District is covered by an accident (health) insurance policy, in lieu of (or in addition to) school insurance, as required for student’s participation in athletics. The above named student is currently covered and will continue to be covered during the present school year, by a policy issued by:

Insurance Company Name: ____________________________________________

Policy Number: ____________________________________________

This above mentioned insurance policy will provide adequate and equivalent protection in the event of an injury to the above named student during a school supervised practice or game.

__________________________________________________________________________

Signature of Parent or Guardian ___________________________ Date ____________
ELEMIDDLE ATHLETIC CODES OF CONDUCT HANDBOOK

This form must be signed by both the student athlete and his/her parent/guardian and returned to the coach prior to participation in practice or games.

I have read, understand and will abide by all rules set forth in the Elemiddle Athletic Codes of Conduct Handbook.

I will allow my name, picture and statistics to be printed in programs, news media articles and/or videos.

All equipment checked out to me will be returned or I will reimburse the athletic department for missing or damaged equipment or uniforms.

__________________________  ________________
(Parent/Guardian Signature)  (Date)

__________________________  ________________
(Athlete’s Signature)  (Date)
DISCIPLINE APPEALS PROCESS

If the athlete feels that they have been unfairly treated, regarding any disciplinary issue other than the bad sportsmanship ejection rule, he/she can appeal this decision to the School Administration. The appeal must be in writing and sent to the School Principal within five days of the notification or the disciplinary issue. Only the incident will be evaluated. The Principal will review the incident within two school days and render a decision on the appeal that day. If the appeal is granted, the athlete will be immediately reinstated. The decision of the principal is final.

If the incident occurs at a Friday contest, the athlete in question will remain eligible until the Principal will hear the appeal.

Written consent is required in order for an athlete to return to an activity after a serious injury, an extended illness, dismissal from a team or any extended absence. Both the athlete’s coach and the school administration will determine the number of practice days the student will miss prior to returning to competition. Each student must meet a safe level of cardio fitness, and show no or minimal effects before they will be allowed to participate in the next competition.

By signing this agreement, I understand that if my behavior during athletic contests warrants my being expelled from the contest, I will not be allowed to participate in the next athletic contest. If this action occurs a second time, I will be dismissed from the athletic program for the remainder of that season.

I also understand that when the student’s behavior causes a danger to self or to other, an out-of-school suspension may be immediate. During any off-campus suspension, a student is not permitted on district property or at district functions/events.

__________________________________  ____________________________
Signature of Athlete                     Date

__________________________________
Signature of Parent or Guardian
FAMILY AND COACH AGREEMENT

<table>
<thead>
<tr>
<th>COACH TO FAMILY/STUDENT-ATHLETE</th>
<th>FAMILY/STUDENT-ATHLETE TO COACH</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Steps for Agreement of Expectation:</strong></td>
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</tr>
<tr>
<td>• The coach will talk to team about expectations and sign team agreement.</td>
<td>• The student will talk to the coach with concerns first.</td>
</tr>
<tr>
<td>• The coaches will have a pre-season meeting with parents and team.</td>
<td>• The student will meet with the parent and coach.</td>
</tr>
<tr>
<td>• The coach will talk to the student first about any issues.</td>
<td>• The parent will meet with the coach and school administration.</td>
</tr>
<tr>
<td>• The coach will talk to the parent and student regarding this concern.</td>
<td>• The parent will meet with the school administration.</td>
</tr>
<tr>
<td>• The coach will take continuing concerns to administration.</td>
<td>• The parent will work with school on issues.</td>
</tr>
<tr>
<td>• The coach will help parents with access to rules of the sport.</td>
<td>• The parent will let the coach do the job as coach.</td>
</tr>
<tr>
<td>• The coach will make available school e-mail and school phone number.</td>
<td>• The parent and coach will follow all Six Pillars of PVWH.</td>
</tr>
<tr>
<td>• The coach will have an open door to students to discuss any issues.</td>
<td>• The parent will be supportive of students, teams and the school.</td>
</tr>
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</table>

**Protocol of Meetings:**

24 to 48 Hour Rule: After a game or event a parent will wait 24 to 48 hours before contacting the coach to set up a meeting.

5 Minute Meeting: 2 minutes for the parent; 2 minutes for the coach; 1 minute for resolution from the Coach or School Administration.

I have read and agree to all expectation above.

____________________________________   ___________________________________   __________
(Printed Student Name)            (Student Signature)            (Date)

____________________________________   ___________________________________   __________
(Printed Parent Name)            (Parent Signature)            (Date)

____________________________________   ___________________________________   __________
(Printed Coach Name)            (Coach Signature)            (Date)
Public Media and Social Network Procedures for Student-Athletes

Public Media: Public media refers to technologies used to communicate messages and whose mission is to serve or engage a public. Public media domains include print outlets, traditional broadcasts, and digital. When utilizing any public media outlets, student-athletes are expected to conduct themselves responsibly as members of their respective team, the Athletics Department, Dysart Unified School District and the community.

Social Networks: Social network sites such as Facebook, Twitter, and other digital platforms and distribution mechanisms facilitate student communicating with other students. Participation in such networks has both positive appeal and potentially negative consequences. It is important the Dysart Unified School District student-athlete be aware of these consequences and exercise appropriate caution if they choose to participate.

Student-athletes are not restricted from using any on-line social network sites and digital platforms. However, users must understand that any content they make public via on-line social networks or digital platforms is expected to follow acceptable social behaviors and also to comply with federal government, state of Arizona, Dysart Unified School District, Arizona Interscholastic Association (AIA) and National Collegiate Athletic Association (NCAA) rules and regulations.

Facebook and similar directories are hosted outside of the Dysart Unified School District server. Violations of district policy (e.g. harassing language, drug or alcohol policy violations, copyright infringement, etc.) or evidence of such violations in the content of on-line social networks or digital platforms are subject to investigation and sanction under the Student Code of Conduct and other District policies. They are also subject to the authority of law enforcement agencies.

Guidelines for Student-Athletes

The District guidelines are intended to provide framework for student-athletes to conduct themselves safely and responsibly in an on-line environment. As a student-athlete in the Dysart Unified School District you should:

1. Be careful with how much and what kind of identifying information you post on social networking sites. Virtually anyone with an email address can access your personal page. It is unwise to make available information such as date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages; use these settings to protect private information. However, once posted, the information becomes property of the website.

2. Be aware that potential current and future employers often access information you place on on-line social networking sites. You should think about any information you post on Facebook or similar directories potentially providing an image of you to a prospective employer. The information is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.

3. Be careful in responding to unsolicited e-mails asking for passwords or PIN numbers. Reputable businesses do not ask for this information in e-mails.

4. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are NOT a place where you can say and do whatever you want without repercussions.

Prohibited Conduct: Student-athletes are highly visible representatives of the District and are expected to uphold the values and responsibilities of the District while meeting all requirements set forth by the AIA and the Dysart Unified School District interscholastic athletics program. The District and High School department of Athletics prohibits malicious and reckless behavior when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletic program and institution.

Sanctions: Any inappropriate activity or language in violation of the above prohibitions, including first time offenses, is subject to investigation and possible discipline by the District and/or the Athletics Department, as well as civil authorities. Sanctions imposed by the Director of Athletics may include, but are not limited to, the following:

- Written notification from the Director of Athletics or assignee to the student-athlete outlining the policy and requiring that the unacceptable content be removed or the social network profile deactivated.
- Temporary suspension from the team until prescribed conditions is met.
- Suspension from the team for a prescribed period.
- Indefinite suspension from the team.
Dismissal from the team: Athletes of any age who exhibit unacceptable conduct in or out of school or competition or through any on-line social network (including but not limited to: harassing language; tobacco, drug, alcohol or steroid policy violations; fighting; threatening; stealing; lying; possessing false identification, forgery, cheating, vandalizing, violating school rules, trouble with the law, sending inappropriate messages or pictures, any other illegal activity or unacceptable conduct) may be suspended from interscholastic competition in accordance with the Dysart Unified School District formal suspension policy and the police and Children’s Protective Services may be contacted. In addition, the following violations are considered to be extremely serious: organizing, hosting, or having gatherings where drinking or use of controlled substances takes place; selling, providing, or distributing controlled substances; using steroids, carrying a dangerous or concealed weapon; being charged with or committing a felony. Any student who commits any of these violations will be suspended immediately and may be suspended up to three seasons pending an athletic council review. If persons in possession of alcohol or controlled substances (invited or uninvited) arrive at a gathering being hosted by a student, that student is responsible under this policy for the immediate removal of those persons and all alcohol or controlled substances from the premises. A responsible adult or the police should be contacted without delay if those persons refuse to leave. Code restrictions are in effect and enforced on a year-round basis and violations are cumulative over the course of a student’s high school career.

Arizona Revised Statutes References - (A.R.S.):

<table>
<thead>
<tr>
<th>Abuse, Verbal Abuse</th>
<th>A.R.S. § 15-507</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bullying</td>
<td>A.R.S. § 13-3620, 15-341</td>
</tr>
<tr>
<td>Computer Tampering</td>
<td>A.R.S. § 13-2316</td>
</tr>
<tr>
<td>Disorderly Conduct</td>
<td>A.R.S. § 13-2904, 13-2911</td>
</tr>
<tr>
<td>Disruption</td>
<td>A.R.S. § 13-2911</td>
</tr>
<tr>
<td>Expel</td>
<td>A.R.S. § 15-841, 15-841-15-844</td>
</tr>
<tr>
<td>Hazing</td>
<td>A.R.S. § 15-2301</td>
</tr>
<tr>
<td>Loitering</td>
<td>A.R.S. § 13-2905</td>
</tr>
</tbody>
</table>

Agreement

I understand and agree that I am required to know, understand and follow the standards contained in the DUSD of Athletic Public Media and Social Network Policy for Student-Athletes.

<table>
<thead>
<tr>
<th>Student Signature</th>
<th>Printed Student Last/First Name</th>
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<tbody>
<tr>
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<table>
<thead>
<tr>
<th>Parent/Guardian signature</th>
<th>Printed Parent/Guardian Last/First Name</th>
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<tr>
<th>Sport(s)</th>
<th>Date</th>
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