



Wellness Committee Meeting

3/4/2019

3:30pm

Support Services

1. Welcome/Introductions
2. Wellness Policy and Procedure overview
  - a. USDA required policy/procedure for any school operating Federal meal programs
3. Proposed changes to Wellness Policy 10.46 (Governing Board final approval)
  - a. Nutrient Standards
    - i. Federal Programs are now listed as recommended by Maricopa County Health and Nutrition Services
    - ii. Clarifies Federal reimbursable meal minimum standards to align with ASBA Model Policy
    - iii. Outlines availability of water on campus and in the eating areas, as required by USDA
  - b. Monitoring Student Wellness - Evaluation
    - i. Revised to align with USDA policy and the ASBA Model Policy. Identified each school Principal as the designee with authority/responsibility to ensure compliance at each site and the Director of Nutrition Services
4. Proposed changes for Procedure (Cabinet final approval)
  - a. Nutrition Promotion
    - i. Added **measurable** goals for Nutrition Activities provided by the Nutrition Services Department
  - b. Vending
    - i. Revised to align with USDA Policy which extends beyond the school "lunch hour" to school "day".
    - ii. Clarified that entrée items for vending sales are limited to NSLP program
5. Next Steps
  - a. Governing Board Approval on March 13
  - b. Evaluation tool and WellSat2.0 Assessment
    - i. 2019 Evaluation tool will be sent to all Principals to complete
    - ii. Wellness Committee will compare previous assessment to 2019 and make recommendations
    - iii. WellSat2.0 will be completed and compared to the Model Wellness Policy
  - c. Next Meeting April 2019