Dear Parent/Guardian,

Recently the Arizona Department of Education (ADE) issued guidelines regarding children with special dietary needs. These guidelines require the district to make changes to our recordkeeping for diet modifications. Attached are new forms which will give us the necessary information and authorization to make diet modifications for meals at school.

**Confidential Diet Order, Request for Diet Modification for Meals at School**

This form **must** be completed for every student with a special dietary need. This includes food allergies resulting in severe or life threatening reactions and/or disabilities, which require special diet modifications. The form **must** be completed and signed by a licensed Physician or Recognized Medical Authority. A recognized medical authority includes Naturopathic or Osteopathic Physician, Licensed Physician, Physician Assistant, Registered Dietitian, or Nurse Practitioner.

The district serves thousands of meals per day. While a reasonable attempt will be made to accommodate the modifications requested, meals from home are highly recommended and provide the safest alternative.

Please return this form to your school front office or mail them to the address listed below.

Sincerely,

**Nutrition Services**

Dysart Unified School District  
**p:** 623-876-7075  
**f:** 623-876-7088  
**a:** 13825 W Desert Cove Rd., Surprise, AZ 85379  
**w:** www.dysart.org  
**s:** Visit us on Facebook, Twitter, Instagram, and YouTube @DysartUSD