

## 2022-23 Elective Course Descriptions

**\*\*\*\*BE PREPARED TO SELECT A FIRST AND SECOND CHOICE FOR DAY A, AND A FIRST AND SECOND CHOICE FOR DAY B (a total of 4 classes per quarter), AND BE CAREFUL TO NOTE THAT SOME ELECTIVES ARE NOT ALL OFFERED ON BOTH DAYS\*\*\*\***

### 5th Grade 2022-23 Elective Course Descriptions

#### *5TH GRADE QUARTER 1 ELECTIVES*

- **Outdoor Team Sports A (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include basketball and kickball. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Health in Sports (PE)**

This class will focus on learning the basic fundamentals of nutrition and exercise to help students live a healthy and balanced life. Students will explore proper nutrition and activities they can partake in to keep them living their best life.

- **2D Multimedia (ART)**

This art course deals with art in both 2D/ 3-Dimensional form. A variety of mediums will be explored, which may include pencils, paint textiles, ceramics, paper mache', wire sculpture...and more! Students will participate in a wide range of experiences using both their drawing skills with multi media sculptural techniques designed to build artistic and creative confidence. Projects are designed to teach thinking skills and to include useful Art experiences.

- **Computer Animation (iEXPLORE) \*Day A only\***

Students will engage in the design process to create digital storyboards, including imaginative storylines and creative characters. They will use digital and/or non-digital tools to organize the design process. Students will participate in various roles throughout the activity: drawing/creating 2D images, writing stories, collaborating as teams, and providing feedback to each other.

- **Choir (MUSIC) \*Day B only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. *Due to its nature, Choir is a semester long course.* To participate, students *must* join for quarters 1 AND 2 *or* quarters 3 AND 4. Students *are strongly encouraged* register for Choir for the whole year, though. A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt. *Students who register for the whole year will still be able to participate in a second Elective course each quarter.*

- **Musical Theatre Performance (MUSIC) \*Day A only\***

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and

February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects).

- **Beginning Band (MUSIC) \*Day B only\***

Students will learn to play a band instrument, read music, play songs, and perform together. Most families choose to rent an instrument from Musical Surprise for about \$30/month. The rental includes the instrument, repair, theft protection, and credit toward future purchase. There will be an instrument rental night at school in August. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. Band students will be enrolled for the whole school year as one of their two Elective classes each quarter, and will have the opportunity to participate in one other Elective class every quarter. *Band students will be enrolled for the whole school year as one of their two Elective classes each quarter, and will have the opportunity to participate in one other Elective class every quarter.*

### **5TH GRADE QUARTER 2 ELECTIVES**

- **Outdoor Team Sports B (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include whiffle ball and soccer. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Indoor Sports 1 (PE)**

The students will be participating in various indoor team sports. Examples of these sports include volleyball, handball. These activities will focus on cooperation and team building activities. This course will take place indoors. Strategies and sportsmanship will be points of emphasis.

- **Drawing (ART) \*Day B only\***

Do you want to learn how to draw? Then this is the class for you! Here you will develop skills in sketching, colored pencil techniques, and learn the fundamental skills of drawing from reality. You will explore realistic drawings of figures, still life, and landscapes. Projects could include numerous drawing media such as charcoal, and pencil.

- **Choir (MUSIC) \*Day A Only\***

This is a continuation of the Choir Elective. If you selected Choir for first quarter, you must also select it for this quarter.

- **Beginning Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected Band for first quarter, you must also select it for this quarter.

- **Digital Communications \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **STEM (Science Technology Engineering & Math) \*Day B only\***

The goal of STEM is to foster a learning environment in which students are guided to produce original ideas, objects, and structures according to certain specifications using concepts and skills from math, science, and technology. Students will use a variety of technologies within a design process to identify and solve problems by creating new, useful solutions to grade-level science projects, lighting and sound production technology, theater set design, or landscape architecture.

### ***5TH GRADE QUARTER 3 ELECTIVES***

- **Fitness/Strategy (PE)**

This course will focus on multiple styles of group fitness training. Students could be introduced to yoga, Zumba, cross-fit, Tabata, HIIT, kickboxing, line dancing and other strength training/conditioning class formats. This class will also include nutrition/health component for a healthy lifestyle. Games and activities in this class will focus on teamwork and communication. Students will engage in various games and activities in which their communication will guide their strategies while competing against each other and other teams. Games could focus on building offensive and defensive skills, throwing and catching drills and conditioning. This course will take place both indoors and outdoors. Strategies and sportsmanship will be points of emphasis.

- **Lifetime Sports - Disc Sports, Golf, Kickball, Bowling, Spikeball (PE)**

Students will be participating in various lifetime sports. Examples of these sports would include various disc sports, golf, kickball, bowling, capture the flag, and spike ball. We will focus on learning the rules and regulations for these various sports. These activities will focus on cooperation and team building activities. Strategies and sportsmanship will be points of emphasis.

- **Painting (ART) \*Day B only\***

This course will introduce students to the basics of painted media on the traditional surfaces of canvas and paper. The class will offer an overview of the fundamental traditional painting methods. Students will be challenged to create paintings that demonstrate their understanding of the elements of art and principles of design.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. *Due to its nature, Choir is a semester long course.* To participate, students *must* join for quarters 1 AND 2 *or* quarters 3 AND 4. Students *are strongly encouraged* register for Choir for the whole year, though. A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt. *Students who register for the whole year will still be able to participate in a second Elective course each quarter.*

- **Digital Communications (iEXPLORE) \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. *This course is available to be chosen in one, two, or three quarters.*

- **Coding (iEXPLORE) \*Day B only\***

Teaching students to program is focusing on their computational skills, analytical thinking, and computer literacy. Coding is how we talk to computers and get them to do what we want. There are different coding languages, and they all have different rules and uses, but they all ultimately give computers instructions for how to do specific tasks. Students will explore several different programming languages to create video games.

- **Beginning Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected Band for first quarter, you must also select it for this quarter.

### ***5TH GRADE QUARTER 4 ELECTIVES***

- **Outdoor Team Sports C (PE) \*Day A only\***

The students will be participating in various outdoor team sports. Examples of these sports could include Football and lacrosse. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Indoor Sports 2 (PE) \*Day B only\***

Students will be participating in various racquet sports and team games. They will be learning the fundamental skills of racquet sports such as badminton, tennis, pickleball, ping-pong and Hockey as well as being immersed in gameplay within the quarter. Students will also learn the safety skills that are needed when playing both sports. Finally, sportsmanship will be emphasized within daily activities.

- **Ceramics (ART)**

Students will gain knowledge and understanding of different media, tools, and processes for ceramic making. They will sketch, design and practice a variety of skills needed to create a ceramic project. ( textures, shapes, attaching, coiling, rolling, smudging) They will learn the techniques of clay molding, firing, and painting the ceramic project.

- **Choir (MUSIC) \*Day A only\***

A continuation of the Choir Elective. If you selected Choir for first quarter, you must also select it for this quarter.

- **Music History - Movie Music & Sound Design (MUSIC) \*Day B only\***

Students will use technology regularly to explore the origins of today's popular music from stage to screen. Students will explore the basics of modern film scoring through the identification of various styles and motifs throughout movies from the past 100 years. Students will explore the connection between action, emotion, and sound, including the use of various tonalities and techniques to best support specific situations. Students will examine various forms of digital music from movie soundtrack design to video game soundtrack designs. Students will explore the science of sound and sound editing basics. We will learn about how producers and sound designers loop and edit sound/music tracks. This course will end with a collaborative, culminating project incorporating student's new knowledge of sound design related to potential careers within the studied skill set.

- **Digital Communications (iEXPLORE) \*Day B only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. This is available to be chosen more than once!!

- **Robotics (iEXPLORE) \*Day A only\***

Students will learn fundamental engineering design and programming skills while interpreting code results in real time. They will: design, build, and program robots to investigate solutions and solve problems; work in design teams to collaborate with others and share ideas to investigate, create, and test the best possible solutions; explore real-world scientific questions in topics ranging from earth science to physics; develop and test hypotheses.

- **Beginning Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected Band for first quarter, you must also select it for this quarter.

- **Booster Band (MUSIC) \*Day A only\***

During the 4th quarter students have the choice to meet for band 4 days a week, building stronger skills and technique. In the Booster Band, students will have the opportunity to boost their skills by learning new techniques, allowing them to play more challenging music. Students will also use the 4th quarter to prepare for the end-of-year concert in May. ***Students must also sign up for Band in Quarter 4 in order to participate in the Booster Band class.***

# 6th Grade 2022-23 Elective Course Descriptions

## 6TH GRADE QUARTER 1 ELECTIVES

- **Outdoor Team Sports A (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include basketball and kickball. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Health in Sports (PE)**

This class will focus on learning the basic fundamentals of nutrition and exercise to help students live a healthy and balanced life. Students will explore proper nutrition and activities they can partake in to keep them living their best life.

- **Drawing (ART)**

Do you want to learn how to draw? Then this is the class for you! Here you will develop skills in sketching, colored pencil techniques, and learn the fundamental skills of drawing from reality. You will explore one and two point perspective, realistic drawings of figures, still life, and landscapes. Projects could include numerous drawing media such as charcoal, pen and ink, and pencil.

- **Choir \*Day A only\* (MUSIC)**

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Jazz & Improvisation \*Day B only\* (MUSIC)**

Learn about the history of jazz music while focusing on learning the basics of improvisation in music and other forms. Work together with classmates to develop improvisational skills, demonstrate them in scenarios with and without musical instruments, and engage in the study of America's original art form, Jazz, a style of music based on improvisation.

- **Digital Communications \*Day B only\* (iEXPLORE)**

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Computer Animation \*Day A only\* (iEXPLORE)**

Students will engage in the design process to create digital storyboards, including imaginative storylines and creative characters. They will use digital and/or non-digital tools to organize the design process. Students will participate in various roles throughout the activity: drawing/creating 2D images, writing stories, collaborating as teams, and providing feedback to each other.

- **Intermediate Band \*Day B only\* (MUSIC)**

This class is for students who already play an instrument. A wide variety of music will be played throughout the school year and we will perform for a Winter and Spring Concert at Shadow Ridge High School. Also, there is a good chance that we will join Shadow Ridge High School for a half-time performance at one of their football games. Students will either have their own instrument or use a school instrument. Instruments rent for about \$30 a month through Musical Surprise and in addition, students are responsible for their instrument supplies. That includes reeds, valve oil, etc. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. During the 2nd quarter, students will meet for Band on B Days and during a Tier 2 Intervention one day per week. *All students enrolled in Band will be registered in the Elective for the **full school year**. Students will still be able to participate in one other Elective every quarter.*

- **Beginning Band \*Day A only\* (MUSIC)**

Yes, even if you've never played a band instrument, but would like to start now, you still have the chance! Students will learn to play a band instrument, read music, and play songs. Most students rent an instrument from Musical Surprise for about \$30/month. The rental includes the instrument, repair, theft protection, and credit toward future purchase. There will be an instrument rental night at school in August. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. Band students will be enrolled for the whole school year as one of their two Elective classes each quarter, and will have the opportunity to participate in one other Elective class every quarter. Students from this class will automatically be added into the regular Band program for quarters 2-4.

### **6TH GRADE QUARTER 2 ELECTIVES**

- **Indoor Sports 1 (PE)**

The students will be participating in various indoor team sports. Examples of these sports include volleyball, handball. These activities will focus on cooperation and team building activities. This course will take place indoors. Strategies and sportsmanship will be points of emphasis.

- **Outdoor Team Sports B (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include wiffle ball and soccer. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Ceramics (ART)**

Students will gain knowledge and understanding of different media, tools, and processes for ceramic making. They will sketch, design and practice a variety of skills needed to create a ceramic project. ( textures, shapes, attaching, coiling, rolling, smudging) They will learn the techniques of clay molding, firing, and painting the ceramic project.

- **Choir \*Day A only\* (MUSIC)**

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for

Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in a second Elective each quarter.*

- **Musical Theatre Performance \*Day B only\* (MUSIC/ART)**

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a continuation of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications \*Day A only\* (iEXPLORE)**

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **STEM - Science Technology Engineering & Math \*Day B only\* (iEXPLORE)**

The goal of STEM is to foster a learning environment in which students are guided to produce original ideas, objects, and structures according to certain specifications using concepts and skills from math, science, and technology. Students will use a variety of technologies within a design process to identify and solve problems by creating new, useful solutions to grade-level science projects, lighting and sound production technology, theater set design, or landscape architecture.

- **Band \*Day B only\* (MUSIC)**

This is a continuation of the Band Elective. If you selected Band for first quarter, you must also select it for this quarter.

### ***6TH GRADE QUARTER 3 ELECTIVES***

- **Fitness/Strategy (PE)**

This course will focus on multiple styles of group fitness training. Students could be introduced to yoga, Zumba, cross-fit, Tabata, HIIT, kickboxing, line dancing and other strength training/conditioning class formats. This class will also include nutrition/health component for a healthy lifestyle. Games and activities in this class will focus on teamwork and communication. Students will engage in various games and activities in which their communication will guide their strategies while competing against each other and other teams. Games could focus on building offensive and defensive skills, throwing and catching drills and conditioning. This course will take place both indoors and outdoors. Strategies and sportsmanship will be points of emphasis.



- **Lifetime Sports - Disc Sports, Golf, Kickball, Bowling, Spikeball (PE)**

Students will be participating in various lifetime sports. Examples of these sports would include various disc sports, golf, kickball, bowling, capture the flag, and spike ball. We will focus on learning the rules and regulations for these various sports. These activities will focus on cooperation and team building activities. Strategies and sportsmanship will be points of emphasis.

- **2D Multimedia (ART)**

This course will introduce students to basic drawing, perspective and sketching techniques with emphasis in Street Art and Illusions, using various media to depict a variety of subjects. Students will have the opportunity to add the multi-media component to their compositions with a variety of materials, paint, images, found objects, and ink painting. Techniques will include collage, monotype printing, drawing, painting, mixing, assemblage, cutting, and pasting, etc. Students will be challenged to create products that demonstrate their understanding of the elements of art and principles of design.

- **Choir \*Day A only\* (MUSIC)**

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Musical Theatre Performance \*Day B only\* (MUSIC/ART)**

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a continuation of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications \*Day B only\* (iEXPLORE)**

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Coding \*Day A only\* (iEXPLORE)**

Teaching students to program is focusing on their computational skills, analytical thinking, and computer literacy. Coding is how we talk to computers and get them to do what we want. There are different coding languages, and they all have different rules and uses, but they all ultimately give computers instructions for how to do specific tasks. Students will explore several different programming languages to create video games.

- **Band \*Day B only\* (MUSIC)**

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

### ***6TH GRADE QUARTER 4 ELECTIVES***

- **Indoor Sports 2 (PE)**

Students will be participating in various racquet sports and team games. They will be learning the fundamental skills of racquet sports such as badminton, tennis, pickleball, ping-pong and Hockey as well as being immersed in gameplay within the quarter. Students will also learn the safety skills that are needed when playing both sports. Finally, sportsmanship will be emphasized within daily activities.

- **Outdoor Team Sports C (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include Football and lacrosse. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **3-D Printing (ART)**

3-D printing is becoming all the rage from printing specific items that can solve problems to printing organs that are used in hospitals. This is an introductory class where you will learn how to use a computer program called Tinkercad to create your very own 3-D printed object! We will learn how to make our object one piece, how to save it as a digital file, and how to send it to be printed. Your digital file will be printed using a 3-D printer. It is very exciting to watch how a 3-D printer prints an object. Each object is created by laying down successive layers of material until the object is created. You will be able to explore this program and create wonderful and meaningful 3-D objects.

- **Music PBL \*Day B only\* (MUSIC)**

Engage in Project-Based-Learning using a variety of musical skills. Some projects are performances, some are presentations, some are games, and others are artifacts. You get to choose the project and the people you work with! Some can even be done on your own! Learning is student-directed and self-paced, with support from your teacher.

- **Choir \*Day A only\* (MUSIC)**

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in

Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Robotics \*Day A only\* (iEXPLORE)**

Students will learn fundamental engineering design and programming skills while interpreting code results in real time. They will: design, build, and program robots to investigate solutions and solve problems; work in design teams to collaborate with others and share ideas to investigate, create, and test the best possible solutions; explore real-world scientific questions in topics ranging from earth science to physics; develop and test hypotheses.

- **Digital Communications \*Day B only\* (iEXPLORE)**

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Band \*Day B only\* (MUSIC)**

This is a continuation of the Band Elective. If you selected Band for first quarter, you must also select it for this quarter.

- **Bonus Band \*Day A only\* (MUSIC)**

During the 4th quarter students have the choice to meet for band 4 days a week, building stronger skills and technique to allow for more challenging music. In this band, students will have the opportunity to read pop music, jazz music or stands tunes on the additional days of band. Campus and off-campus performance opportunities will be scheduled by the director to allow additional performances for students throughout the quarter. Students will also use the 4th quarter to prepare for the end-of-year concert in May. ***Students must also sign up for Band in Quarter 4 in order to participate in the Bonus Band class.***

# 7th Grade 2022-23 Elective Course Descriptions

## 7TH GRADE QUARTER 1 ELECTIVES

- **Outdoor Team Sports A (PE)**

The students will be participating in various outdoor/indoor team sports. Examples of these sports could include basketball and kickball. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Wellness and Health (PE)**

This class will focus on learning the basic fundamentals of nutrition and exercise to help students live a healthy and balanced life. Students will explore proper nutrition and activities they can partake in to keep them living their best life.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Music History (MUSIC) \*Day B only\***

Students will use technology regularly to explore the origins of today's popular music. Students will explore various genres throughout European and American history. Beginning in the Renaissance, we will explore the similarities and differences of music from the past with music from your favorite performers from today to see if they are really that different through various projects. Online discussions and creative projects are involved, as well.

- **Ceramics (ART)**

Students will gain knowledge and understanding of different media, tools, and processes for ceramic making. They will sketch, design and practice a variety of skills needed to create a ceramic project. ( textures, shapes, attaching, coiling, rolling, smudging) They will learn the techniques of clay molding, firing, and painting the ceramic project.

- **Digital Communications (iEXPLORE) \*Day B only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Computer Animation (iEXPLORE) \*Day A only\***

Students will engage in the design process to create digital storyboards, including imaginative storylines and creative characters. They will use digital and/or non-digital tools to organize the design process. Students will participate in various roles throughout the activity: drawing/creating 2D images, writing stories, collaborating as teams, and providing feedback to each other.

- **Intermediate Band (MUSIC) \* Day B only\***

This class is for students who already play an instrument. A wide variety of music will be played throughout the school year and we will perform for a Winter and Spring Concert at Shadow Ridge High School. Also, there is a good chance that we will join Shadow Ridge High School for a half-time performance at one of their football games. Students will either have their own instrument or use a school instrument. Instruments rent for about \$30 a month through Musical Surprise and in addition, students are responsible for their instrument supplies. That includes reeds, valve oil, etc. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. During the 2nd quarter students will meet for band on B Days and during a Tier 2 Intervention one day per week. *All students enrolled in Band will be registered in the Elective for the **full school year**. Students will still be able to participate in one other Elective every quarter.*

- **Beginning Band (MUSIC) \*Day A only\***

Yes, even if you've never played a band instrument, but would like to start now, you still have the chance! Students will learn to play a band instrument, read music, and play songs. Most students rent an instrument from Musical Surprise for about \$30/month. The rental includes the instrument, repair, theft protection, and credit toward future purchase. There will be an instrument rental night at school in August. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. Band students will be enrolled for the whole school year as one of their two Elective classes each quarter, and will have the opportunity to participate in one other Elective class every quarter. Students from this class will automatically be added into the regular Band program for quarters 2-4.

### **7TH GRADE QUARTER 2 ELECTIVES**

- **Indoor Sports 1 (PE)**

The students will be participating in various indoor team sports. Examples of these sports include volleyball, handball. These activities will focus on cooperation and team building activities. This course will take place indoors. Strategies and sportsmanship will be points of emphasis.

- **Outdoor Team Sports B (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include whiffle ball and soccer. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Drawing/Painting (ART)**

This course will introduce students to basic drawing and painting skills. They will learn perspective and sketching techniques using various media to depict a variety of subjects and will create drawings that demonstrate their understanding of the elements of art and principles of design. They will also get an overview of the fundamental traditional painting methods.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for

Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Musical Theatre Performance (MUSIC/ART) \* Day B only\***

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a *continuation* of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications (iEXPLORE) \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **STEM - Science Technology Engineering & Math (iEXPLORE) \*Day B only\***

The goal of STEM is to foster a learning environment in which students are guided to produce original ideas, objects, and structures according to certain specifications using concepts and skills from math, science, and technology. Students will use a variety of technologies within a design process to identify and solve problems by creating new, useful solutions to grade-level science projects, lighting and sound production technology, theater set design, or landscape architecture.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

### ***7TH GRADE QUARTER 3 ELECTIVES***

- **Fitness/Strategy (PE)**

This course will focus on multiple styles of group fitness training. Students could be introduced to yoga, Zumba, cross-fit, Tabata, HIIT, kickboxing, line dancing and other strength training/conditioning class formats. This class will also include nutrition/health component for a healthy lifestyle. Games and activities in this class will focus on teamwork and communication. Students will engage in various games and activities in which their communication will guide their strategies while competing against each other and other teams. Games could focus on building offensive and defensive skills, throwing and catching drills and conditioning. This course will take place both indoors and outdoors. Strategies and sportsmanship will be points of emphasis.

- **Lifetime Sports - Disc Sports, Golf, Kickball, Bowling, Spikeball (PE)**

Students will be participating in various lifetime sports. Examples of these sports would include various disc sports, golf, kickball, bowling, capture the flag, and spike ball. We will focus on learning the rules and regulations for these various sports. These activities will focus on cooperation and team building activities. Strategies and sportsmanship will be points of emphasis.

- **2D Multimedia (ART)**

This course will introduce students to basic drawing, perspective and sketching techniques using various media to depict a variety of subjects. Students will have the opportunity to add the multi-media component to their compositions with a variety of materials, paint, images, found objects, and ink painting. Techniques will include collage, monotype printing, drawing, painting, mixing, assemblage, cutting, and pasting, etc. Students will be challenged to create products that demonstrate their understanding of the elements of art and principles of design.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

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- **Musical Theatre Performance (MUSIC/ART) \*Day B only\*** - In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a *continuation* of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications (iEXPLORE) \*Day B only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Coding (iEXPLORE) \*Day A only\***

Teaching students to program is focusing on their computational skills, analytical thinking, and computer literacy. Coding is how we talk to computers and get them to do what we want. There are different coding

languages, and they all have different rules and uses, but they all ultimately give computers instructions for how to do specific tasks. Students will explore several different programming languages to create video games.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

### **7TH GRADE QUARTER 4 ELECTIVES**

- **Indoor Sports 2 (PE)**

Students will be participating in various racquet sports and team games. They will be learning the fundamental skills of racquet sports such as badminton, tennis, pickleball, ping-pong and Hockey as well as being immersed in gameplay within the quarter. Students will also learn the safety skills that are needed when playing both sports. Finally, sportsmanship will be emphasized within daily activities.

- **Outdoor Team Sports C (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include Football and lacrosse. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **3-D Design (ART)**

This art course deals with art in its 3-Dimensional form. A variety of mediums will be explored, which may include textiles, ceramics, paper mache', wire sculpture...and more! Students will participate in a wide range of experiences using additive or subtractive sculptural techniques designed to build artistic and creative confidence. Projects are designed to teach thinking skills and to include useful Art experiences. The focus will be using a variety of materials where students will learn how to build forms using traditional and non traditional materials in the form of a 3-D mask. The emphasis is creativity, use of materials, and craftsmanship.

- **Music Journalism (MUSIC) \*Day B only\***

Students will take on the role of online journalists to create a blog website about their favorite performer or band. Then students will develop an online presence to connect with their audience and publish their thoughts about specific songs or albums in blog/vlog format using experience and evidence. Students will also use their blogs to engage in productive online discussions with their classmates as they comment on each other's sites.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*



- **Robotics (iEXPLORE) \*Day B only\***

Students will learn fundamental engineering design and programming skills while interpreting code results in real time. They will: design, build, and program robots to investigate solutions and solve problems; work in design teams to collaborate with others and share ideas to investigate, create, and test the best possible solutions; explore real-world scientific questions in topics ranging from earth science to physics; develop and test hypotheses.

- **Digital Communications (iEXPLORE) \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

- **Bonus Band (MUSIC) \*Day A only\***

During the 4th quarter students have the choice to meet for band 4 days a week, building stronger skills and technique to allow for more challenging music. In this band, students will have the opportunity to read pop music, jazz music or stands tunes on the additional days of band. Campus and off-campus performance opportunities will be scheduled by the director to allow additional performances for students throughout the quarter. Students will also use the 4th quarter to prepare for the end-of-year concert in May. ***Students must also sign up for Band in Quarter 4 in order to participate in this Bonus Band class.***

# 8th Grade 2022-2023 Elective Course Descriptions

## 8TH GRADE QUARTER 1 ELECTIVES

- **Outdoor Team Sports A (PE) \*Day B only\***

The students will be participating in various outdoor/indoor team sports. Examples of these sports could include basketball and kickball. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Health in Sports (PE) \*Day A only\***

This class will focus on learning the basic fundamentals of nutrition and exercise to help students live a healthy and balanced life. Students will explore proper nutrition and activities they can partake in to keep them living their best life.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter; this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Music History - American Popular Music (MUSIC) \*Day B only\*:**

Students will use technology regularly to explore the origins of today's popular music. Students will explore various genres of American popular music. This is a survey course designed to explore the popular music in the US, including Rock & Roll, R&B, Pop, Hip-Hop, and Rap, among others. Students will use technology to identify connections between various genres, and highlight the most influential performers of the past and of our time while engaging in activities to connect these styles to their own music preferences.

- **Ceramics (ART)**

Students will gain knowledge and understanding of different media, tools, and processes for ceramic making. They will sketch, design and practice a variety of skills needed to create a ceramic project. ( textures, shapes, attaching, coiling, rolling, smudging) They will learn the techniques of clay molding, firing, and painting the ceramic project.

- **Digital Communications (iEXPLORE) \*Day B only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Computer Animation (iEXPLORE) \*Day A only\***

Students will engage in the design process to create digital storyboards, including imaginative storylines and creative characters. They will use digital and/or non-digital tools to organize the design process. Students will participate in various roles throughout the activity: drawing/creating 2D images, writing stories, collaborating as teams, and providing feedback to each other.

- **Advanced Band (MUSIC) \*Day B only\***

This class is for students who already play an instrument. A wide variety of music will be played throughout the school year and we will perform for a Winter and Spring Concert at Shadow Ridge High School. Also, there is a good chance that we will join Shadow Ridge High School for a half-time performance at one of their football games. Students will either have their own instrument or use a school instrument. Instruments rent for about \$30 a month through Musical Surprise and in addition, students are responsible for their instrument supplies. That includes reeds, valve oil, etc. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. *All students enrolled in Band will be registered in the Elective for the full school year. Students will still be able to participate in one other Elective every quarter.*

- **Beginning Band (MUSIC) \*Day A only\***

Yes, even if you've never played a band instrument, but would like to start now, you still have the chance! Students will learn to play a band instrument, read music, and play songs. Most students rent an instrument from Musical Surprise for about \$30/month. The rental includes the instrument, repair, theft protection, and credit toward a future purchase. There will be an instrument rental night at school in August. There are also a small number of instruments available to rent through the school for a cost of \$50 for the entire school year. These instruments are rented on a first come, first served basis each fall. Be aware that students with district instruments who are not active in rehearsal and home practice can have their instrument assigned to another student and forfeit their rental fee. Band students will be enrolled for the whole school year as one of their two Elective classes each quarter, and will have the opportunity to participate in one other Elective class every quarter. Students from this class will automatically be added into the regular Band program for quarters 2-4.

### ***8TH GRADE QUARTER 2 ELECTIVES***

- **Indoor Sports 1 (PE)**

The students will be participating in various indoor team sports. Examples of these sports include volleyball, handball. These activities will focus on cooperation and team building activities. This course will take place indoors. Strategies and sportsmanship will be points of emphasis.

- **Outdoor Team Sports B (PE)**

The students will be participating in various outdoor team sports. Examples of these sports could include wiffle ball/kickball and soccer. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **2D Multimedia with emphasis in Drawing (ART)**

This course will introduce students to basic drawing, perspective and sketching techniques using various media to depict a variety of subjects. Students will have the opportunity to add the multi-media component to their compositions with a variety of materials, paint, images, found objects, and ink painting. Techniques will include collage, monotype printing, drawing, painting, mixing, assemblage, cutting, and pasting, etc. Students will be challenged to create products that demonstrate their understanding of the elements of art and principles of design.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course.

Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter, this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Musical Theatre Performance (MUSIC/ART) \*Day B only\***

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a *continuation* of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications (iEXPLORE) \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

### ***8TH GRADE QUARTER 3 ELECTIVES***

- **Fitness/Strategy (PE)**

This course will focus on multiple styles of group fitness training. Students could be introduced to yoga, Zumba, cross-fit, Tabata, HIIT, kickboxing, line dancing and other strength training/conditioning class formats. This class will also include nutrition/health component for a healthy lifestyle. Games and activities in this class will focus on teamwork and communication. Students will engage in various games and activities in which their communication will guide their strategies while competing against each other and other teams. Games could focus on building offensive and defensive skills, throwing and catching drills and conditioning. This course will take place both indoors and outdoors. Strategies and sportsmanship will be points of emphasis.

- **Lifetime Sports - Disc Sports, Golf, Kickball, Bowling, Spikeball (PE)**

Students will be participating in various lifetime sports. Examples of these sports would include various disc sports, golf, football, bowling, capture the flag, cornhole and spike ball. We will focus on learning the rules and regulations for these various sports. These activities will focus on cooperation and team building activities. Strategies and sportsmanship will be points of emphasis.

- **Painting (ART) \*Day B only\***

This course will introduce students to the basics of painted media on the traditional surfaces of canvas and paper. The class will offer an overview of the fundamental traditional painting methods. Students will be challenged to create paintings that demonstrate their understanding of the elements of art and principles of design.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter; this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Musical Theatre Performance (MUSIC/ART) \*Day B only\***

In this performance-based course, students will look at the different performing aspects of Musical Theatre and Broadway. Throughout the course, students will be active in improvisation, singing, and acting techniques. This course is highly recommended for all students interested in participating in next year's school-wide production (which also requires extensive after-school rehearsals between September and February), but is open to all students interested in learning about and preparing for a theatrical production. Students will study and practice the basics of stage performance, develop skills in theatrical vocal performance, and learn about the many components and collaborative elements associated with theatrical productions (including set and costume design and stage effects). This Elective will provide additional rehearsal time for the school musical, which will be used as the basis for most instruction. *This course is offered for two quarters, and it is recommended that all students who intend to participate in the school musical register for both quarters it is offered.* While students can choose to participate for only one quarter, the second quarter it is offered will be a continuation of the learning from the first section. ***\*\*If taken for both quarters, this course will satisfy both the Music AND Art requirement for the year due to its integration of both performance and artistic design components\*\****

- **Digital Communications (iEXPLORE) \*Day B only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Coding (iEXPLORE) \*Day A only\***

Teaching students to program is focusing on their computational skills, analytical thinking, and computer literacy. Coding is how we talk to computers and get them to do what we want. There are different coding languages, and they all have different rules and uses, but they all ultimately give computers instructions for how to do specific tasks. Students will explore several different programming languages to create video games.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

## 8th GRADE QUARTER 4 ELECTIVES

- **Outdoor Team Sports C (PE) \*Day A only\***

The students will be participating in various outdoor team sports. Examples of these sports could include Football and lacrosse. These activities will focus on the needed fundamental skills for each sport as well as cooperation and team building activities. This course will take place outdoors. Strategies and sportsmanship will be points of emphasis.

- **Indoor Sports 2 (PE) \*Day B only\***

Students will be participating in various racquet sports and team games. They will be learning the fundamental skills of racquet sports such as badminton, tennis, pickleball, ping-pong and Hockey as well as being immersed in gameplay within the quarter. Students will also learn the safety skills that are needed when playing both sports. Finally, sportsmanship will be emphasized within daily activities.

- **Art Technology (ART)**

Students will learn the basics of media production using the media tools of photography, film, video, audio production, and interactive media. Students apply these fundamentals by participating in hands-on group projects with an emphasis on stop motion photography. No matter which type of animation you wish to pursue, learning traditional techniques is invaluable in order to gain a new perspective on and control over the art form. This course teaches you all the basics needed to be a traditional stop-motion animator.

- **Choir (MUSIC) \*Day A only\***

This performance-based course is designed to focus on singing as a group. Students will focus on learning different types of choral music, sight-reading, correct singing techniques, and performance etiquette. There will be required performances outside of the school day as part of the grade for this course. Additional information will go home on the first day of class in the syllabus. You may choose to register for Choir for as few as one quarter or as many as all four quarters. There is a four-quarter requirement for students who intend to be a part of Afterglow, Sunset Hills elite choir, that practices after school and travels to performances (including the annual Disneyland trip). A one-time course fee of \$20 is required for all performing members, which includes all required supplies and official performance shirt (if enrolled in Choir for more than one quarter; this fee is only paid once). *Students who register for the whole year will still be able to participate in another different Elective each quarter.*

- **Music History - Musical Theatre Survey (MUSIC) \*Day B only\***

Students will use technology regularly to explore the origins of today's music genres. This course will focus exclusively on the origins and current trends in Musical Theatre. A survey course Students will observe and explore all aspects of modern Musical Theatre, including stage, costume, and lighting design, casting, makeup, and performance. Course culminates with watching and critically evaluating a full, stage performance of an award-winning Broadway musical.

- **Robotics (iEXPLORE) \*Day B only\***

Students will learn fundamental engineering design and programming skills while interpreting code results in real time. They will: design, build, and program robots to investigate solutions and solve problems; work in design teams to collaborate with others and share ideas to investigate, create, and test the best possible solutions; explore real-world scientific questions in topics ranging from earth science to physics; develop and test hypotheses.

- **Digital Communications (iEXPLORE) \*Day A only\***

Do you love to read, write or speak with multimedia applications? This is the Elective for you!! Students will help record and present the Morning Announcements, create and edit videos, write online class

newsletters, take photographs, help design the yearbook, and write blog articles. Students can choose to take this class for one, two, three, or all four quarters.

- **Band (MUSIC) \*Day B only\***

This is a continuation of the Band Elective. If you selected a Band Elective for first quarter, you must also select it for this quarter.

- **Bonus Band (MUSIC) \*Day A only\***

During the 4th quarter students have the choice to meet for band 4 days a week, building stronger skills and technique to allow for more challenging music. In this band, students will have the opportunity to read pop music, jazz music or stands tunes on the additional days of band. Campus and off-campus performance opportunities will be scheduled by the director to allow additional performances for students throughout the quarter. Students will also use the 4th quarter to prepare for the end-of-year concert in May. ***Students must also sign up for Band in Quarter 4 in order to participate in the Bonus Band class.***

## Elective FAQ's

### **What grade levels get to participate?**

Grades 5-8 will have Electives for the entire school year.

### **Does this replace my Specials time?**

Yes. Instead of having to participate in all Specials classes in a rotation schedule, the Specials teachers are offering more personalized classes and students will get to choose which courses they attend.

### **Who is teaching the classes?**

Special Area Teachers - PE, Music, Art, Band, iExplore Lab

### **What if I still want to go to every special?**

Students get to choose 8 Electives for the year. When signing up for classes students can select one from every subject area if they choose.

### **What does it mean by Day A and Day B?**

Each quarter you will get to attend two different Electives. One Elective will be held on Tuesday and Thursdays (Day A), the other Elective will be held on Wednesdays and Fridays (Day B). Mondays will alternate between A and B days.

### **What courses am I required to take?**

During the course of the school year, each student must take at least one PE, one MUSIC, one ART, and one iEXPLORE Elective. There is one exception -- Students who enroll in Choir AND Band *for the full year* are excused from taking an Art course (see "Can I take Band AND Choir" section below for a description of this schedule).

### **What if I want to take a class more than once?**

Even though some Electives are offered more than once, students may only take each Elective once, with the following exceptions: Band, Choir, and Digital Communication. Band is a year-long commitment for all members. Choir requires a year-long commitment for those students participating in the after-school choir (Bobcat Singers). Digital Communication includes support and participation in our daily Morning Announcements on video, which benefits from consistency in participation. These are the only Electives that may be taken more than once. *Students who select non-qualifying Electives more than once will lose their selection and be placed in another Elective class of the school's choosing based on class size.*

### **Can I take Band or Choir all year?**

Yes. These are performance-based classes. Band is a required year-long commitment. If you choose Choir, it is required for two quarters in a row (either quarters 1 and 2 OR 3 and 4), but recommended for the whole year (both semesters). For students planning to join the after school choir Bobcat Singers, they are required to register for Choir in the second semester (quarters 3 and 4), but strongly encouraged to register for the full year. Students will still have two other days a week to attend a different course each quarter if registered for these semester/year-long courses.

### **Can I take Band AND Choir?**

Yes and no. If you choose to do this you will be in Band all year, and you will be required to take one section of iExplore and one section of PE (in quarters 1 and 2 respectively), and will be able to be in the Choir Elective for



quarters 3 and 4. Afterglow members who are required to enroll in the Choir Elective for the whole year are granted an exception to the full-year requirement in this case.

**Why didn't I get all of my top choices?**

We do our best to schedule you into all your top choices. Reasons for not getting your selections will more than likely be due to scheduling conflicts and when courses are offered or if a course fills up before you complete your registration. This is why the online registration form will ask for your first and second choices for Days A & B. If you get placed in your lowest choices, it is likely because you did not follow instructions correctly when selecting your classes.

**When will I know what my classes are?**

You will know your courses when you get your class schedule at the beginning of the school year.

**Will I be able to change my schedule later?**

No. Once the sign-up process is completed, we cannot offer a schedule change. Please take time to make your decisions carefully and discuss it as a family, as *only school administrators will be able to request changes next year.*

**Can I take all courses in the same discipline (e.g. PE for every class, all year long)?**

No, but you can select them for *most* of your choices. For instance, all students are required to participate in one section of iExplore, one Music, one Art, and one PE section during the course of the year (and students have a choice as to which they will take). The remaining four sections are completely of the student's preference.

**Is there a cost?**

Specials courses do not have a cost with the exception of Band and Choir. Band students will need to provide their own instruments, either through ownership or rental. This will be discussed the first week of school. Choir requires the purchase of a uniform shirt. While there is no cost for the Musical Theatre Elective, there are fees associated with participating in the school musical.