



## Anti-Bullying Pledge – Parent(s)/Guardian(s)

I/We, the parents of \_\_\_\_\_, agree to join together to stamp out bullying at our school.

We believe that everybody should enjoy our school equally, and feel safe and secure.

Bullying is repeated acts over time that involve a real or perceived imbalance of power, with the more powerful child or group attacking those who are less powerful. Bullying may be physical in form (i.e., pushing, hitting, kicking, spitting, stealing); verbal (i.e., making threats, taunting, teasing, name-calling); or psychological (i.e., social exclusion, spreading rumors, manipulating social relationships). Bullying causes pain and stress to victims and is never justified or excusable as "kids being kids," "just teasing" or any other rationalization.

### By signing this pledge, I/we agree to:

1. Keep ourselves and our children informed and aware of school bullying policies.
2. Work in partnership with the school to encourage positive behavior, value differences and promote sensitivity to others.
3. Discuss regularly with our children their feelings about school work, friendships and relationships.
4. Inform faculty of changes in our children's behavior or circumstances at home that may change our child's behavior at school.
5. Alert faculty if any bullying has occurred.

Parent/Guardian signature: \_\_\_\_\_

Printed name: \_\_\_\_\_

Date: \_\_\_\_\_

